



## THE 12th KIRSTE 5 MEMORIAL RACE 2025

20th July 2025

POSN	NUMBER	First Name	Last Name	Gender	Club Name / Group / Team	TIME
1	20	David	Church	Male		00:31:25
2	97	Syed	Zahir	Male	Leigh On Sea Striders	00:31:33
3	31	Andrew	Dowie	Male		00:31:34
4	60	Jake	Mair	Male		00:32:08
5	71	Graham	Pritchard	Male	Havering AC	00:32:59
6	76	Stuart	Rodwell	Male		00:33:33
7	19	Simon	Carrington	Male	South Woodham Runners	00:34:03
8	55	Russell	Keddie	Male	RED Runners	00:34:31
9	104	Jake	Smith	Male	Benfleet Running Club	00:35:02
10	25	Steve	Cooper	Male	Rayleigh RAT Runners	00:36:17
11	74	Gareth	Richards	Male	Rochford Running Club	00:37:24
12	103	James	Burns	Male		00:37:43
13	29	Siobhan	Desmond	Female	Basildon AC	00:38:00
14	72	NIKI	Read	Male		00:38:12
15	56	Gavin	Lea	Male	Rochford Running Club	00:38:15
16	112	Milo	Watts	Male		00:38:16
17	24	Alan	Cooke	Male	Hockley Trail Runners	00:39:03
18	26	Kieran	Coughlan	Male	Leigh On Sea Striders	00:39:11
19	49	Paul	Ingle-Wood	Male		00:39:20
20	21	Daniel	Clarkson	Male		00:40:42
21	34	Daryl	Fryatt	Male	RED Runners	00:41:33
22	102	Veronique	Dorothy	Female	Rayleigh RAT Runners	00:42:27
23	70	Dan	Patching	Male	Flyers Southend	00:42:43
24	36	Spencer	Garlick	Male	Hockley Trail Runners	00:42:53
25	41	Emily	Groves	Female	Hockley Trail Runners	00:42:57
26	45	Tommy	Hearne	Male	Fordy Runs Running Club	00:43:02
27	3	Ben	Barham	Male	RED Runners	00:43:11
28	9	Martin	Blake	Male		00:43:12
29	94	Esther	Wynn	Female	Benfleet Running Club	00:43:19
30	79	Matt	Simson	Male		00:43:24
31	85	Paul	Stranks	Male		00:43:43
32	33	Vita	Evans	Female	Rayleigh RAT Runners	00:43:48
33	39	Thomas	Groombridge	Male		00:44:05
34	23	Vic	Conran	Male	RED Runners	00:44:06
35	57	Joanne	Ling	Female	Billericay Striders	00:44:32
36	42	Debbielyn	Hallam	Female		00:44:36
37	18	Melanie	Carrington	Female	South Woodham Runners	00:44:38
38	64	Tara	Merrell	Female		00:44:43
39	10	Lisa	Bolton	Female		00:45:39
40	30	DERMOT	DESMOND	Male	Pitsea Running Club	00:45:44
41	65	Jason	Mitchell	Male	Leigh On Sea Striders	00:45:45
42	82	Greg	Smith	Male		00:45:54
43	53	Marta	Jez	Female	Rayleigh RAT Runners	00:46:03
44	2	Jon	Banks	Male		00:46:31



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45	12	Jade	Britton	Female	Hockley Trail Runners	00:46:44
46	93	Hayley	Wisken	Female	RED Runners	00:47:14
47	46	Verity	Hill	Female	Phoenix Striders	00:47:26
48	111	Paul	Claydon	Male	Castle Point Joggers	00:47:35
49	86	Teresa	Tranter	Female	Sudbury joggers	00:47:57
50	75	Lloyd	Richardson	Male	RED Runners	00:48:08
51	67	Melanie	Panting	Female		00:49:10
52	81	Dylan	Smith	Male	Hullbridge runners	00:49:20
53	6	Dianne	Beer	Female	Springfield Striders Running Club	00:49:48
54	61	Philip	Martyn	Male	Hockley Trail Runners	00:49:52
55	69	Kevin	Parker	Male		00:49:53
56	52	Nicola	Jaques	Female	Pitsea Running Club	00:49:59
57	50	Liz	Jackaman	Female		00:50:15
58	105	Elle	Lawson	Female		00:50:36
59	62	Wayne	Merrell	Male	Leigh On Sea Striders	00:50:38
60	37	Sophie	Gingell	Female		00:50:39
61	35	Kerry	Fryatt	Female		00:50:44
62	27	Kathryn	Curtis	Female		00:50:59
63	47	michelle	hodgson	Female	Fordy Runs Running Club	00:51:02
64	17	Julia	Cannon	Female		00:51:30
65	38	Tom	Groombridge	Male	Pitsea Running Club	00:51:45
66	84	Sophie	Stevens	Female		00:52:12
67	107	Neil	Wilson	Male		00:52:26
68	13	Stephen	Brown	Male	Hockley Trail Runners	00:52:31
69	4	Clare	Baxter	Female	Hockley Trail Runners	00:54:50
70	43	Dawn	Hart	Female		00:54:51
71	68	Sarah	Parker	Female		00:55:06
72	110	Aaron	Norman	Male		00:55:20
73	78	Tammie	Search	Female		00:55:24
74	63	Louise	Merrell	Female	Leigh On Sea Striders	00:57:01
75	106	Carolyn	Beal	Female	Amigos ladies	00:57:12
76	1	Kristy	Ali	Female	Amigos ladies	00:57:12
77	92	Lisa	Wilson	Female		00:57:14
78	40	Jan	Grover	Female	Flyers Southend	00:57:18
79	89	Michael	Walker	Male	Flyers Southend	00:57:20
80	51	Wally	James	Male	Leigh On Sea Striders	00:57:59
81	95	Eleanor	Youd	Female	Hockley Trail Runners	00:58:33
82	11	Alannah	Bowles	Female	Flyers Southend	00:59:13
83	58	Lisa	Locard	Female		00:59:19
84	66	Colin	Murdoch	Male	Rayleigh RAT Runners	00:59:21
85	16	Maggie	Campbell-Freeman	Female	Flyers Southend	00:59:27
86	100	Jacky	Halls	Female	Flyers Southend	00:59:28
87	15	Rosanna	Buckroyd	Female		00:59:38
88	14	Joan	Brown	Female	Hockley Trail Runners	01:00:16



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89	101	Tracey	Jones	Female	Benfleet Running Club	01:00:17
90	32	Peter	Eates	Male	Phoenix Striders	01:01:45
91	7	Marisa	Billett	Female	Fordy Runs Running Club	01:03:47
92	28	Wendy	Deeprise	Female		01:03:48
93	44	Mandy	Haylock	Female	Hockley Trail Runners	01:12:07
94	96	Becci	Young	Female	Hockley Trail Runners	01:12:20
95	59	Gemma	London	Female		01:12:21
96	5	Megan	Beavis	Female		01:14:18
97	54	Kathryn	Johnson	Female		01:14:18
98	83	Joanne	Stanley	Female		01:18:28
99	80	Ann	Smith	Female	Hullbridge runners	01:20:31
100	109	Alice	Higgs	Female		01:27:15
101	108	Rachel	Higgs	Female		01:27:17
102	TW	Samantha	Jones	Female		01:27:19
		Georgina	Macmasters			