

Fountain Five: RUN - sponsored by Forest Products Limited

Parkend: 5 Miles

Thursday 15-May-2025 at 19:00

Organised by: FODAC

Race Results

Pos	Bib	Name	Cat	Club	Race Time	AG Time	AG%	Gender Pos	Cat Pos
1	672	Kieron BROWN	M Senior	Monross Trailblazers	00:33:29	00:33:29	0.6367743	1	1
2	705	Gavin JONES	M Senior	Monross Trailblazers	00:34:07	00:34:00	0.6268253	2	2
3	740	Marc WACHTER	M V40	Caldicot Running Club	00:34:53	00:31:55	0.6679743	3	1
4	712	Tony MARSHALL	M V60	Chepstow Harriers	00:35:51	00:28:24	0.7508307	4	1
5	706	Joseph JONES	M Senior	Unattached	00:36:06	00:36:06	0.5905765	5	3
6	725	Colin PARRY	M V40	Forest Of Dean Ac	00:36:14	00:32:53	0.6482194	6	2
7	732	Ben SAUNDERS	M V40	Unattached	00:36:20	00:34:49	0.6122003	7	3
8	703	Matt JAMES	M V40	Unattached	00:36:28	00:33:54	0.6289668	8	4
9	715	Joshua MATHEWS	M Senior	Unattached	00:36:44	00:36:44	0.5802244	9	4
10	709	Alex LYNE	M V40	Caldicot Running Club	00:37:42	00:34:46	0.6132853	10	5
11	676	Barry BURNS	M V50	Unattached	00:37:59	00:31:44	0.6718674	11	1
12	704	Faye JOHNSON	F Senior	Forest Of Dean Ac	00:38:04	00:37:33	0.6445098	1	1
13	737	Ben VAUGHAN	M Senior	Caldicot Running Club	00:38:12	00:38:11	0.5581992	12	5
14	702	Ben HUMPHRIES	M Senior	Monross Trailblazers	00:39:06	00:39:03	0.5459588	13	6
15	707	Laura LELIEVRE	F Senior	Monross Trailblazers	00:40:08	00:39:44	0.6090822	2	2
16	730	Tom ROONEY	M Senior	Caldicot Running Club	00:41:05	00:41:05	0.5189348	14	7
17	668	Richard BOSELEY	M V60	Severn Ac	00:41:37	00:33:16	0.6408538	15	2
18	708	Lucinda LUMLEY	F Senior	Monross Trailblazers	00:42:03	00:41:29	0.5832846	3	3
19	667	Martin BLAKEBROUGH	M V60	Spirit Of Monmouth Rc	00:43:59	00:35:09	0.6065515	16	3
20	719	Leanne MEEK	F V40	Forest Of Dean Ac	00:44:20	00:41:31	0.5828449	4	1
21	697	Emily HARRISON	F V40	Monross Trailblazers	00:44:26	00:42:56	0.5637016	5	2
22	742	Vanessa WARD	F Senior	Monross Trailblazers	00:44:34	00:43:58	0.5504618	6	4
23	722	Tym MUSGROVE	M V60	Unattached	00:44:39	00:35:41	0.5974606	17	4
24	574	Daniel PHILLIPS	M Senior	Caerleon Running Club	00:44:49	00:43:16	0.4927173	18	8
25	744	Nicolas WEBB	M V40	Lliswerry Runners	00:44:56	00:41:26	0.5145544	19	6
26	303	Renske BOUWENS	F V50	Spirit Of Monmouth Rc	00:44:59	00:39:00	0.6203877	7	1
27	678	Rebecca CAPON	F Senior	Forest Of Dean Ac	00:45:00	00:44:48	0.5400405	8	5
28	671	Chris BROWN	M Senior	Chepstow Harriers	00:45:24	00:44:24	0.4800927	20	9
29	677	Annette CANNING	F V60	Forest Of Dean Ac	00:45:26	00:34:17	0.7057877	9	1
30	718	Owen McLAUGHLIN	M V70+	Forest Of Dean Ac	00:45:35	00:31:27	0.6777265	21	1
31	734	Andrew STEPHENS	M V50	Monross Trailblazers	00:45:43	00:40:30	0.5263599	22	2
32	717	Jake McBRIDE	M Senior	Unattached	00:46:13	00:46:09	0.4618602	23	10
33	686	Bridget DAVIES	F V50	Chepstow Harriers	00:46:55	00:37:49	0.6400174	10	2
34	720	Izzy MEEK	F Junior	Unattached	00:46:58	00:45:05	0.5366881	11	1

Pos	Bib	Name	Cat	Club	Race Time	AG Time	AG%	Gender Pos	Cat Pos
35	701	Emma HUMPHRIES	F Senior	Monross Trailblazers	00:47:11	00:47:11	0.5127745	12	6
36	700	Antony HUMBLE	M Senior	Unattached	00:47:22	00:47:18	0.4506494	24	11
37	674	Philip BRYANT	M V50	Unattached	00:47:29	00:41:43	0.5109421	25	3
38	741	Michelle WACHTER	F V50	Caldicot Running Club	00:47:33	00:42:13	0.5732238	13	3
39	735	Heather SWISS	F Senior	Forest Of Dean Ac	00:47:37	00:47:37	0.5081912	14	7
40	748	Paul YESHIN	M V40	Unattached	00:47:53	00:45:32	0.4681401	26	7
41	691	Catherine FINLAY	F V50	Monross Trailblazers	00:47:58	00:42:06	0.5748515	15	4
42	689	Abi EDMUNDS	F Senior	Forest Of Dean Ac	00:48:02	00:48:02	0.5037107	16	8
43	665	Kate BALDWIN	F Senior	Forest Of Dean Ac	00:48:04	00:48:03	0.5035524	17	9
44	692	Maixent GAILLARD	M V40	Spirit Of Monmouth Rc	00:48:55	00:44:02	0.4839965	27	8
45	679	Nerys CHAPLIN	F V40	Monross Trailblazers	00:49:20	00:47:20	0.5111778	18	3
46	733	Nick SLOPER	M V50	Unattached	00:49:47	00:43:01	0.4954309	28	4
47	685	Jeremy CREASEY	M V50	Spirit Of Monmouth Rc	00:49:47	00:41:13	0.5170692	29	5
48	660	Ruth JONES	F V50	Unattached	00:49:52	00:40:41	0.5947145	19	5
49	681	Hester COGGIN	F V40	Almost Athletes	00:50:08	00:45:32	0.5314543	20	4
50	683	Philip COY	M V70+	Unattached	00:50:13	00:37:10	0.5735409	30	2
51	738	Robert VIDLER	M Senior	Monross Trailblazers	00:50:17	00:49:39	0.4293012	31	12
52	682	Catherine COTTON	F V50	Unattached	00:50:22	00:44:43	0.5411727	21	6
53	728	Mike POBJOY	M V50	Lliswerry Runners	00:50:39	00:42:18	0.5039256	32	6
54	666	Tom BEALE	M Senior	Caldicot Running Club	00:51:59	00:51:20	0.4152679	33	13
55	673	Rachel BROWN	F V50	Dursley Running Club	00:52:40	00:44:36	0.5425472	22	7
56	724	Jon PAISLEY	M V40	Caldicot Running Club	00:54:42	00:50:03	0.4259021	34	9
57	736	Philippa THOMAS	F V50	Unattached	00:57:36	00:48:46	0.4961479	23	8
58	555	Jean GRIFFIN	F V60	Unattached	00:59:27	00:43:39	0.5544497	24	2
59	545	Brian GRIFFIN	M V60	Forest Of Dean Ac	00:59:28	00:44:30	0.4790592	35	5
60	746	Nikki WILLIAMS	F V50	Unattached	00:59:37	00:47:25	0.510244	25	9
61	729	Cath RADFORD	F V40	Unattached	01:00:08	00:58:27	0.4140099	26	5
62	714	Karen MASON	F V60	Unattached	01:00:42	00:46:25	0.5212134	27	3
63	698	Laura HAYWARD	F V40	Unattached	01:02:20	00:57:14	0.4227406	28	6
64	334	Janine MOVERLEY	F V40	Unattached	01:02:20	00:58:23	0.4144982	29	7
65	663	Jasmine ARNOLD	F V60	Unattached	01:03:39	00:46:43	0.5179666	30	4
66	731	Emily SALAMON	F Senior	Unattached	01:04:09	01:04:09	0.377158	31	10
67	716	Chris MATTOS	M V40	Unattached	01:04:10	00:57:47	0.3689265	36	10
68	710	Michael MARKS	M V50	Unattached	01:05:51	00:55:00	0.3875805	37	7
69	680	Mike CHARD	M V50	Unattached	01:05:51	00:55:29	0.3842061	38	8
70	711	Hannah MARKS	F V50	Unattached	01:05:51	00:57:06	0.4237193	32	10
71	694	Bill GRIFFITHS	M V70+	Wye Valley Runners	01:06:23	00:46:33	0.457938	39	3
72	670	Kev BROCKWAY	M V60	Dursley Running Club	01:06:48	00:54:20	0.3922633	40	6
73	688	Carolyn DENT	F V60	Westbury Harriers	01:09:26	00:53:06	0.4557155	33	5
74	726	Margaret PARTIS	F V50	Unattached	01:21:24	01:10:35	0.3427586	34	11