



1st Male = Taylor Newell 1st Female = Kirsty Osborn 1st Male Youth = Matthew Jones 1st Female Youth = Olivia Forrest

Course records - 15:25 Adam Hickey (August 2013) 18:01 Jessica Judd (December 2015)

		Race			
Position	Time	No	Name	Gender	Club Name
1	00:16:43	136	Taylor Newell	Male	Thurrock Harriers
2	00:17:31	153	Chander Dhillon	Male	Thurrock Harriers
3	00:17:49	899	Alec Finch	Male	Thurrock Harriers
4	00:18:06	121	Oscar Farley	Male	Billericay Striders
5	00:18:14	51	Robin Smith	Male	Brentwood Beagles Athletics Club
6	00:18:27	881	Scott Brooks	Male	Brentwood Beagles Athletics Club
7	00:18:31	204	Alex Robertson	Male	Thurrock Harriers
8	00:18:34	5	Ben Franklin	Male	
9	00:18:50	1	Olivia Forrest	Female	Brentwood Beagles Athletics Club
10	00:18:52	52	Summer Smith	Female	Brentwood Beagles Athletics Club
11	00:19:23	16	Matthew Jones	Male	Brentwood Beagles Athletics Club
12	00:19:29	60	Scott Thrush	Male	Thurrock Harriers
13	00:20:21	147	Charlie Lee	Male	SS Athletics
14	00:20:26	184	Michael Cook	Male	Pitsea Running Club
15	00:20:29	79	Zara Morley	Female	Basildon Athletics Club
16	00:20:34	141	Terence Spooner	Male	Castle Point Joggers
17	00:20:35	191	Kirsty Osborn	Female	Thurrock Harriers
18	00:20:38	884	Roman Burroughs	Male	Benfleet RC
19	00:20:45	107	Ben Simmonds	Male	Pitsea Running Club
20	00:20:53	173	Paul Hagan	Male	Phoenix Striders
21	00:20:57	196	Rohan Sullivan	Male	
22	00:21:00	17	Jimmy Justice	Male	Phoenix Striders
23	00:21:00	187	Nick Wetheridge	Male	Basildon AC
24	00:21:02	146	Gareth Lee	Male	
25	00:21:05	87	Jonathan Burton	Male	
26	00:21:16	99	Alan James	Male	Phoenix Striders
27	00:21:17	64	Amalie Twydell	Female	Brentwood Beagles Athletics Club
28	00:21:28	89	Adam Reeve	Male	RED Runners
29	00:21:47	76	Ollie Johnson	Male	Brentwood Beagles Athletics Club
30	00:21:54	156	Tom Jones	Male	Phoenix Striders
31	00:21:56	894	Jayne Elvin	Female	
32	00:21:57	83	Stephen Body	Male	
33	00:22:05	205	Julian Vereker	Male	
34	00:22:07	875	Richard Bonham	Male	Castle Point Joggers
35	00:22:17	81	Shea Bunyan	Male	Rochford Running Club
36	00:22:20	206	Neal Clark	Male	Phoenix Striders
37	00:22:21	885	Leo Cole	Male	Witham RC
38	00:22:24	2	Isabel Forrest	Female	Brentwood Beagles Athletics Club
39	00:22:27	176	Joanna Bolton	Female	Billericay Striders
40	00:22:37	90	David Patten	Male	Leigh-on-Sea Striders





		Race			
Position	Time	No	Name	Gender	Club Name
41	00:22:42	496	Adam Armour	Male	Brentwood Beagles Athletics Club
42	00:22:47	177	Grant England	Male	Billericay Striders
43	00:22:55	192	Michael Russell	Male	
44	00:22:59	80	Emmanuel Brousse	Male	Leigh-on-Sea Striders
45	00:23:17	194	Matt Stenning	Male	Billericay Striders
46	00:23:22	183	Danielle Robarts	Female	Rochford Running Club
47	00:23:24	149	Charmaine Sterling	Female	Leigh-on-Sea Striders
48	00:23:28	101	James Lee	Male	Billericay Striders
49	00:23:31	200	Daisy Watson	Female	Benfleet AC
50	00:23:32	11	Neil Hubbard	Male	Leigh-on-Sea Striders
51	00:23:33	33	Brooke Mensah	Female	Thurrock Harriers
52	00:23:33	127	Phil Warner	Male	Phoenix Striders
53	00:23:41	46	Chris Prince	Male	
54	00:23:47	882	Hayley Brown	Female	RED Runners
55	00:23:49	201	Paul Hurn	Male	Thurrock Nomads
56	00:23:52	896	Megan Farrell	Female	London Heathside
57	00:23:58	150	Craig Sterling	Male	Benfleet AC
58	00:24:01	95	Bobby Robertson	Male	Nuclear Striders
59	00:24:07	167	Natalie Simmons	Female	
60	00:24:11	182	Ryan Bond	Male	Pitsea Running Club
61	00:24:19	180	Matthew Debenham	Male	
62	00:24:23	142	Thomas Smalley	Male	Pitsea Running Club
63	00:24:27	25	Bryan Magee	Male	
64	00:24:37	28	Ben Magee	Male	
65	00:24:38	112	Fioana Wrate	Female	
66	00:24:42	870	Rosie Baker	Female	
67	00:24:43	171	Jamie Enever-Dodd	Male	Phoenix Striders
68	00:24:45	109	Siobhan Desmond	Female	Basildon Athletics Club
69	00:24:49	39	Terry Myers	Male	
70	00:24:55	874	David Blockley	Male	Leigh-on-Sea Striders
71	00:25:01	154	Jack Morris	Male	Pitsea Running Club
72	00:25:06	190	Gary Rowlatt	Male	Thurrock Harriers
73	00:25:12	157	Serena Jones	Female	Phoenix Striders
74	00:25:14	53	Clive Stephenson	Male	East London Runners
75	00:25:21	15	Colin Jones	Male	Barking Road Runners
76	00:25:23	104	Leigh Still	Male	Thurrock Nomads
77	00:25:26	168	Lee Hazlewood	Male	Phoenix Striders
78	00:25:31	55	Martin Orford	Male	Pitsea Running Club
79	00:25:33	152	Andrew Robinson	Male	Thurrock Nomads
80	00:25:38	119	Nick Leech	Male	
81	00:25:38	897	Jodie Farrell	Female	Thurrock
82	00:25:40	148	Neil Cornelius	Male	Hockley Trail Runners
83	00:25:52	129	Gary Shade	Male	Thurrock Nomads
84	00:25:52	120	Philip Tall	Male	Thurrock Nomads
85	00:25:57	108	Dermot Desmond	Male	Pitsea Running Club
86	00:25:57	172	Ruth Roberts	Female	Phoenix Striders





		Race			
Position	Time	No	Name	Gender	Club Name
87	00:26:01	188	Sophie Wetheridge	Female	Basildon AC
88	00:26:08	160	Jake Everett	Male	East Essex Tri
89	00:26:11	143	Paul Omer	Male	Pitsea Running Club
90	00:26:16	880	Tim Brockington	Male	Springfield Striders RC
91	00:26:22	110	Harriet Hudson	Female	Day Glast AC
92	00:26:24	198	Jacqui Watson	Female	Benfleet AC
93	00:26:25	199	Stuart Watson	Male	Benfleet AC
94	00:26:27	499	Brett Baker	Male	
95	00:26:28	159	David Everett	Male	East Essex Tri
96	00:26:29	128	Adam Stow	Male	Pitsea Running Club
97	00:26:31	137	Macer Twydell	Male	Braintree & District Athletic Club
98	00:26:33	111	Simon Lambert	Male	Phoenix Striders
99	00:26:34	189	Michael Clark	Male	Basildon AC
100	00:26:38	151	Deborah Hall	Female	East Essex Tri
101	00:26:44	195	Tyrone Henry	Male	
102	00:26:47	116	Richard Wood	Male	JBR Run and Tri Club
103	00:26:47	24	Joanne Ling	Female	Billericay Striders
104	00:26:48	449	Cathy Albertelli	Female	
105	00:26:50	96	William Robertson	Male	Nuclear Striders
106	00:26:53	208	Ted Jupitus Day	Male	
107	00:26:58	27	Emily Magee	Female	
108	00:26:59	102	John Pumfrett	Male	Phoenix Striders
109	00:26:59	193	Dean Blackwell	Male	Fordy Runners
110	00:27:06	77	Chris Smith	Male	Fordy Runners
111	00:27:09	126	Jo Pearce	Female	Phoenix Striders
112	00:27:13	197	Lesley Jenkins	Female	Pitsea Running Club
113	00:27:14	72	Steve Healey	Male	Pitsea Running Club
114	00:27:22	92	Izzy Lush	Female	Corringham
115	00:27:26	115	lan Murton	Male	
116	00:27:28	3	Chloe Fowler	Female	
117	00:27:34	170	Andy Preston	Male	Dagenham 88
118	00:27:37	185	Dave Lane	Male	Phoenix Striders
119	00:27:41	26	Catherine Magee	Female	
120	00:27:43	12	Nicola Jaques	Female	Pitsea Running Club
121	00:27:46	179	Victoria Furner	Female	Thurrock Nomads
122	00:27:52	20	Graham Lee	Male	Trail Running Association
123	00:27:55	67	Hayden Vipan	Male	
124	00:27:57	91	Francis Patten	Male	
125	00:28:00	164	Marijke Van Eetvelde	Female	Brentwood RC
126	00:28:01	207	Richard Day	Male	East Essex Tri
127	00:28:03	8	Tony Gray	Male	Havering '90 Joggers
128	00:28:05	498	Sam Ashley	Male	
129	00:28:07	175	Julie Lester	Female	Thurrock Nomads
130	00:28:08	174	David Adams	Male	Thurrock Nomads
131	00:28:14	122	Surjit Grgwal	Female	Brentwood Running Club
132	00:28:15	43	Simon Prince	Male	





		Race			
Position	Time	No	Name	Gender	Club Name
133	00:28:43	155	Victoria Hopkins	Female	East Essex Tri
134	00:28:58	138	Cally Jupe	Female	Pitsea Running Club
135	00:28:58	139	Sam Jupe	Male	
136	00:29:15	165	Eresa Uscategui	Female	Brentwood RC
137	00:29:20	88	Victoria Barker	Female	Phoenix Striders
138	00:29:32	886	Simon Constable	Male	Basildon CC
139	00:29:33	78	Adebola Adediran	Female	Pitsea Running Club
140	00:29:34	7	Richard Goad	Male	
141	00:29:34	158	Stuart Fay	Male	
142	00:29:39	61	Stuart Tidd	Male	Havering '90 Joggers
143	00:29:49	163	Ricky Lee	Male	Billericay Striders
144	00:29:55	71	Jane Yellop	Female	Pitsea Running Club
145	00:29:58	891	David Dutton	Male	Rochford Running Club
146	00:30:07	103	Debra Pumfrett	Female	Phoenix Striders
147	00:30:13	73	Michael Groombridge	Male	Pitsea Running Club
148	00:30:17	4	Paul Franklin	Male	Castle Point Joggers
149	00:30:31	82	Andy Body	Male	Phoenix Striders
150	00:30:37	50	Jo Sinfield	Female	Pitsea Running Club
151	00:30:51	6	Ioannis Frezoulis	Male	
152	00:31:05	178	Julie Furner	Female	Thurrock Nomads
153	00:31:11	45	Nicholas Prince	Male	
154	00:31:25	69	Hannah Walker	Female	
155	00:31:26	97	Joy Leader	Female	Phoenix Striders
156	00:31:40	113	Richard Smith	Male	
157	00:31:45	98	Beryl De Smedt	Female	Phoenix Striders
158	00:31:46	74	Tom Groombridge	Male	
159	00:31:50	10	Dan Hooper	Male	
160	00:31:59	84	Michael Reilly	Male	
161	00:32:15	49	Ross Silverton	Male	Witham RC
162	00:32:20	94	Phill Lush	Male	
163	00:32:29	898	Hazel Fay	Female	Phoenix Striders
164	00:32:34	166	Laura Heard	Female	Phoenix Striders
165	00:32:40	31	Gordon McAulay	Male	Maldon Soul Runners
166	00:32:44	42	Sarah Norton	Female	Castle Point Joggers
167	00:32:58	29	Mark Mager	Male	
168	00:33:08	890	Linda Dutton	Female	Rochford Running Club
169	00:33:36	282	Ted Jupitus Day	Male	
170	00:33:38	203	Parm Shina-Wisdom	Female	Thurrock Nomads
171	00:33:40	34	Caroline Mercieca	Female	Phoenix Striders
172	00:33:41	117	Sally Witham	Female	Phoenix Striders
173	00:33:48	181	Louise Smart	Female	
174	00:33:50	65	Jo Vipan	Female	
175	00:34:19	32	Yvonne McAulay	Female	Maldon Soul Runners
176	00:34:34	118	Cherry Box	Female	Pitsea Running Club
177	00:34:42	145	Lorraine Borley	Female	Phoenix Striders
178	00:34:57	144	Sara Omer	Female	Pitsea Running Club





Position	Time	Race No	Name	Gender	Club Name
179	00:35:09	162	Severine Renard	Female	Ciub Name
180	00:35:10	161	Roxanne George	Female	Leigh-on-Sea Striders
181	00:35:27	123	Claire Dean	Female	Phoenix Striders
182	00:35:32	57	Ben Stops	Male	THOCHIX SUIGCIS
183	00:35:46	124	Chloe Pearce	Female	
184	00:35:55	44	Lesley Prince	Female	
185	00:35:35	75	Amy Daniels	Female	
186	00:36:26	40	Mandy Myers	Female	
187	00:36:42	93	Claire Lush	Female	
188	00:36:48	125	John Pearce	Male	Phoenix Striders
189	00:36:55	68	Jackson Vipan	Male	THOCH SCHOOLS
190	00:36:55	66	Joe Vipan	Male	
191	00:36:57	140	Chloe White	Female	
192	00:37:11	56	Katherine-Charlotte Stops	Female	
193	00:37:21	169	Nikki Cranmer	Female	Barking Road Runners
194	00:38:53	893	Nathan Ellis	Male	
195	00:38:58	186	Dawn Curtis	Female	Barking Roadrunners
196	00:39:07	21	Jason Lee	Male	
197	00:39:07				
198	00:39:08	106	Adison Poulton	Male	
199	00:39:09	105	Adam Poulton	Male	Castle Point Joggers
200	00:39:16	892	Jessica Ellis	Female	Leigh-on-Sea Striders
201	00:39:52	100	Sarah James	Female	Phoenix Striders
202	00:40:02	86	Grace Vidgeon	Female	
203	00:40:02	85	Don Vidgeon	Male	
204	00:40:25	873	Trisha Barlow	Female	
205	00:40:26	35	Ian Miles	Male	
206	00:40:51	36	Stuart Miles	Male	
207	00:41:13	887	Karen Daniels	Female	
208	00:41:43	23	Oscar Lee	Male	
209	00:41:49	22	Evie Lee	Female	
210	00:43:17	114	Kim Shead-Fallows	Female	Pitsea Running Club
211	00:44:34	889	Samantha Dormon	Female	
212	00:46:17	872	Neil Barlow	Male	