



# PITSEA RUNNING CLUB

## BLUEBELL 5 RESULTS 5<sup>th</sup> MAY 2024



1<sup>st</sup> Male = Tim Whitcombe

2<sup>nd</sup> Male = Jody Walker

3<sup>rd</sup> Male = Erikas Butkus

1<sup>st</sup> Vet Male = Colin Waggon

1<sup>st</sup> Female = Jackie Stretton

2<sup>nd</sup> Female = Nicola Frith

3<sup>rd</sup> Female = Christine Sutcliffe

1<sup>st</sup> Vet Female = Kelly Fletcher

Position	Time	Race No	Name	Gender	Club Name
1	00:31:13	57	Tim Whitcombe	Male	Benfleet RC
2	00:32:11	221	Jody Walker	Male	Nuclear Races Striders
3	00:33:34	201	Jackie Stretton	Female	Springfield Striders RC
4	00:34:14	23	Erikas Butkus	Male	
5	00:34:16	220	Colin Waggon	Male	Rayleigh RAT Runners
6	00:34:28	153	Kieran Neary	Male	Castle Point Joggers
7	00:34:31	124	Chris Kearney	Male	Castle Point Joggers
8	00:35:11	194	Terence Spooner	Male	Castle Point Joggers
9	00:35:32	215	Michael Valbonesi	Male	Benfleet RC
10	00:35:48	131	Nick Langton	Male	South Woodham RC
11	00:36:01	172	Nicholas Rankin	Male	Benfleet RC
12	00:36:08	82	Dyfan Garmon	Male	Dagenham 88 Runners
13	00:37:19	14	Richard Bonham	Male	Castle Point Joggers
14	00:37:41	205	Nigel Swinburne	Male	Dagenham 88 Runners
15	00:37:42	41	Michael Cook	Male	Pitsea Running Club
16	00:38:05	70	Alistair Fisher	Male	
17	00:38:45	150	Jack Morris	Male	Pitsea Running Club
18	00:39:11	75	Nicola Frith	Female	
19	00:39:13	158	Martin Orford	Male	Pitsea Running Club
20	00:39:15	255	Stephen Foggo	Male	Billerica Striders
21	00:39:21	203	Christine Sutcliffe	Female	Mid Essex Casuals
22	00:39:32	4	Paul Agastina	Male	Pitsea Running Club
23	00:39:39	72	Kelly Fletcher	Female	Benfleet RC
24	00:39:49	25	Ciaran Byrne	Male	Benfleet RC
25	00:39:54	98	Nick Hill	Male	Leigh on sea striders
26	00:40:19	132	Tony Lavers	Male	Pitsea Running Club
27	00:40:36	91	Mike Grout	Male	East Essex Triathlon Club
28	00:40:49	33	Alan Clark	Male	Benfleet RC
29	00:41:20	173	Niki Read	Male	Leigh on Sea Striders
30	00:41:24	189	Natalie Simmons	Female	
31	00:41:48	55	Ingrid Dias	Female	Harold Wood Running Club
32	00:42:24	115	Paul Jeggo	Male	Springfield Striders RC
33	00:42:34	79	Bruce Gander	Male	Leigh on Sea Striders
34	00:42:35	114	Emma Jeffery	Female	Benfleet RC
35	00:42:53	45	Neil Cornelius	Male	Hockley Trail Runners
36	00:43:10	111	Rahana Islam	Female	Dagenham 88 Runners
37	00:43:12	252	Chris Smith	Male	Pitsea Running Club
38	00:43:16	88	Neve Gribble	Female	Benfleet RC
39	00:43:20	168	Laura Penfold	Female	
40	00:43:23	204	Ian Sutcliffe	Male	Mid Essex Casuals



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41	00:43:30	67	Jamie Enever-Dodd	Male	Phoenix Striders
42	00:43:32	256	Ryan Bond	Male	Pitsea Running Club
43	00:43:42	76	Daryl Fryatt	Male	
44	00:43:42	105	Mike Hopkins	Male	Castle Point Joggers
45	00:43:59	35	Daniel Clarkson	Male	
46	00:44:16	32	Rich Chapman	Male	
47	00:44:29	139	Keith Makinson	Male	
48	00:44:32	202	Paul Strutt	Male	
49	00:44:55	211	Darren Tower	Male	Pitsea Running Club
50	00:45:06	108	David Hudson	Male	Benfleet RC
51	00:45:25	135	Joanne Ling	Female	Billericay Striders
52	00:45:37	244	Leigh Still	Male	Thurrock Nomads
53	00:45:44	1	Carole Adams	Female	Dagenham 88 Runners
54	00:45:58	34	Deborah Clark	Female	Benfleet RC
55	00:46:13	208	Michael Thomas	Male	Springfield Striders RC
56	00:46:14	213	Madeline Turner	Female	Springfield Striders RC
57	00:46:15	43	Suzanne Cooper	Female	Springfield Striders RC
58	00:46:18	148	Jason Merritt	Male	
59	00:46:22	94	Debbielyn Hallam	Female	Fitbugs
60	00:46:33	29	James Card	Male	
61	00:46:38	21	Kate Brown	Female	Werrington Joggers
62	00:46:54	99	Barry Hockley	Male	
63	00:47:03	226	Natalie Webb	Female	Benfleet RC
64	00:47:05	38	Kev Conners	Male	
65	00:47:15	40	Oliver Conners	Male	
66	00:47:26	200	Adam Stow	Male	Pitsea Running Club
67	00:47:32	248	Samantha Thompson	Female	
68	00:47:40	126	Tony Kenyon	Male	Pitsea Running Club
69	00:47:47	247	Spencer Lewis	Male	Phoenix Striders
70	00:47:56	102	Nils Hollmann	Male	Dagenham 88 Runners
71	00:48:01	242	Esther Wynn	Female	Benfleet RC
72	00:48:04	169	Dave Penson	Male	
73	00:48:25	116	Lesley Jenkins	Female	Pitsea Running Club
74	00:48:36	13	Lucy Blois	Female	
75	00:48:37	254	Daniel Miller	Male	Dagenham 88 Runners
76	00:48:51	61	Debbie Dunn	Female	Castle Point Joggers
77	00:48:58	144	Kelly Mcclenaghan	Female	Benfleet RC
78	00:49:04	127	Jenny Knight	Female	
79	00:49:16	24	Lisa Butler	Female	Benfleet RC
80	00:49:21	53	Dermot Desmond	Male	Pitsea Running Club
81	00:49:48	84	Brynley Giddings	Male	Harold Wood Running Club
82	00:49:51	174	Ann Reed	Female	Benfleet RC
83	00:50:15	44	Louise Copas	Female	South Woodham RC
84	00:50:27	238	Tony Woodgate	Male	Dagenham 88 Runners
85	00:50:30	83	Nick Giannotti	Male	Castle Point Joggers
86	00:50:39	225	James Webb	Male	Benfleet RC



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Position	Time	Race No	Name	Gender	Club Name
87	00:50:45	30	George Catalin	Male	
88	00:50:50	185	Rob Sandy	Male	Billericay Striders
89	00:51:08	209	Michelle Thomas	Female	
90	00:51:27	109	John Hughes	Male	Dagenham 88 Runners
91	00:51:32	87	James Green	Male	
92	00:51:32	92	Leanne Gwynn	Female	
93	00:51:40	2	Charlie Adams	Male	
94	00:51:40	3	Sara Adams	Female	
95	00:51:46	20	Jade Britton	Female	Hockley Trail Runners
96	00:51:54	167	Michael Peggall	Male	Dagenham 88 runners
97	00:52:16	39	Liane Conners	Female	Benfleet RC
98	00:52:18	42	Mandy Cooper	Female	Benfleet RC
99	00:52:20	130	Jill Langton	Female	South Woodham Runners
100	00:52:39	239	Alan Woodroof	Male	Harold Wood Running Club
101	00:52:53	48	Kathryn Curtis	Female	
102	00:53:03	49	Katie Darby	Female	Pitsea Running Club
103	00:53:09	66	Sarah Edgar	Female	Springfield Striders RC
104	00:53:19	129	Allan Lacey	Male	Dagenham 88 Runners
105	00:53:24	50	Gavin Davies	Male	Phoenix Striders
106	00:53:33	77	Kerry Fryatt	Female	
107	00:53:36	193	Mandy Smith	Female	
108	00:53:41	190	Jo Sinfield	Female	Pitsea Running Club
109	00:53:41	243	Jane Yellop	Female	Pitsea Running Club
110	00:53:42	78	Elizabeth Gadlin	Female	Pitsea Running Club
111	00:53:43	16	Sarah Bowerman	Female	
112	00:53:56	147	Peter Mcquillan	Male	Castle Point Joggers
113	00:54:06	51	Isabelle De Cristofano	Female	
114	00:54:21	182	Jackie Russell	Female	Springfield Striders RC
115	00:54:24	107	Melissa Howell	Female	Springfield Striders RC
116	00:54:36	249	Tim Thompson	Male	
117	00:54:51	36	Yolanda Cole	Female	
118	00:55:11	104	Mark Holmes	Male	Phoenix Striders
119	00:55:34	170	Jane Piper	Female	Phoenix Striders
120	00:55:39	137	Christopher Madell	Male	Harold Wood Running Club
121	00:55:44	171	Laura Ponting	Female	Castle Point Joggers
122	00:55:57	9	Hannah Bardell	Female	JBR Run and Tri Club
123	00:56:09	199	Susanna Stidston	Female	Benfleet RC
124	00:56:10	154	Charis Newitt	Female	Castle Point Joggers
125	00:56:11	232	Clair Willis	Female	
126	00:56:19	181	Duncan Russell	Male	Phoenix Striders
127	00:56:28	241	Linda Woodward	Female	Castle Point Joggers
128	00:56:38	118	Jim Jennett	Male	leigh on sea striders
129	00:56:38	246	Sally Witham	Female	Phoenix Striders
130	00:56:43	119	Annette Johnson	Female	Benfleet RC
131	00:56:51	245	Phil Hudson	Male	Ware Joggers
132	00:57:35	52	Sarah De Cristofano	Female	Benfleet RC



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Position	Time	Race No	Name	Gender	Club Name
133	00:57:37	253	Sarah Hemsworth	Female	Castle Point Joggers
134	00:57:39	28	Diane Card	Female	
135	00:57:41	69	Nicola Farbridge	Female	Rayleigh Rat Runners
136	00:57:47	134	Kathryn Lee	Female	Springfield Striders RC
137	00:57:49	217	Selon Timi Veerasamy	Female	Dagenham 88 Runners
138	00:57:59	156	Sarah Newton	Female	Serpentine Running Club
139	00:58:00	93	Ian Hall	Male	Serpentine RC
140	00:58:18	97	Robert Higgon	Male	Castle Point Joggers
141	00:58:35	161	Melanie Panting	Female	
142	00:58:48	165	Kristine Pearson	Female	Phoenix Striders
143	00:58:51	85	Tracy Giddings	Female	Harold Wood Running Club
144	00:58:55	15	Lorraine Borley	Female	Pitsea Running Club
145	00:58:57	26	Anthony Cains	Male	
146	00:58:58	250	David Bives	Male	
147	00:59:01	257	Claire Woody	Female	
148	00:59:12	218	Tina Victory	Female	Castle Point Joggers
149	00:59:14	10	Tracey Barraclough	Female	Rayleigh RAT Runners
150	00:59:16	122	Barrie Jones	Male	Flyers Southend
151	00:59:23	95	Lisa Harland	Female	Phoenix Striders
152	00:59:44	224	Gemma Waughman	Female	
153	00:59:44	143	Sarah Louise Mason	Female	Castle Point Joggers
154	01:00:11	191	Ann Smith	Female	Hullbridge runners
155	01:00:16	59	Emma Dudman	Female	Dagenham 88 Runners
156	01:00:17	187	Tracey Sheehy	Female	Dagenham 88 Runners
157	01:00:24	11	Nina Bartlett	Female	Rayleigh RAT Runners
158	01:00:28	71	Clare Fleming	Female	
159	01:00:30	231	Lindsey Williams	Female	
160	01:00:56	120	Jane Johnson	Female	
161	01:01:04	188	Steve Sheekey	Male	Havering '90 Joggers
162	01:01:21	121	Sharon Johnson	Female	
163	01:01:38	100	Michelle Hodgson	Female	
164	01:01:54	96	Janet Head	Female	Pitsea Running Club
165	01:01:56	230	Faye White	Female	Castle Point Joggers
166	01:02:35	180	Penny Rumsby	Female	
167	01:02:36	65	Peter Eates	Male	Phoenix Striders
168	01:02:41	175	Paul Reed	Male	Pitsea Running Club
169	01:03:00	251	Caron Hiscock	Female	Benfleet RC
170	01:03:17	207	Helen Thomas	Female	
171	01:03:17	86	Jessica Glennerster	Female	Benfleet RC
172	01:03:18	184	Catherine Ryan	Female	
173	01:03:19	128	Felicity Kosloff	Female	Benfleet RC
174	01:03:29	123	Sean Kavanagh	Male	Harold Wood Running Club
175	01:03:37	27	Chris Cammidge	Male	Castle Point Joggers
176	01:03:44	151	Peter Murray	Male	
177	01:03:46	146	Paul Mccutcheon	Male	
178	01:03:58	234	Gwenyth Winmill	Female	Castle Point Joggers



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Position	Time	Race No	Name	Gender	Club Name
179	01:04:10	176	Jo Restall	Female	Rayleigh RAT Runners
180	01:04:34	62	Kelly Marie Dunn	Female	Castle Point Joggers
181	01:06:01	5	Neil Akinson	Male	
182	01:06:06	177	Laura Ridley	Female	
183	01:06:10	74	John Ford	Male	Havering '90 Joggers
184	01:06:19	18	Lynsey Brierley	Female	
185	01:06:22	178	Laura Roberts	Female	
186	01:06:35	54	Ingrid Dias	Female	Harold Wood Running Club
187	01:06:35	7	Anna Bailey	Female	Harold Wood Running Club
188	01:06:38	17	Karen Brand	Female	Castle Point Joggers
189	01:06:43	214	Teresa Turner	Female	Castle Point Joggers
190	01:06:49	80	Hayley Gardner	Female	Castle Point Joggers
191	01:06:50	106	Tracey Howchen	Female	Castle Point Joggers
192	01:08:08	103	Julie Holmes	Female	Phoenix Striders
193	01:08:11	56	Christina Didham	Female	Phoenix Striders
194	01:08:21	198	Lisa Stevens	Female	
195	01:08:37	223	Martin Watson	Male	Castle Point Joggers
196	01:08:52	31	Peter Chaplin	Male	Pitsea Running Club
197	01:09:53	160	Pascalina Pamba	Female	Dagenham 88 Runners
198	01:09:59	186	Kim Shead-Fallows	Female	
199	01:10:58	22	Sharon Brown	Female	Fordy Runs Running Club
200	01:11:00	228	Wendy Deeprose	Female	Fordy Runs Running Club
201	01:12:04	117	Kelly Jenkins-Hoare	Female	Southend flyers
202	01:13:39	222	Lucy Walker	Female	Harold Wood Running Club
203	01:13:48	235	Beryl Wiseman	Female	Castle Point Joggers
204	01:17:19	133	Lisa Lawrence	Female	Harold Wood Running Club
205	01:18:53	237	Michael Wisken	Male	
206	01:18:54	236	Hayley Wisken	Female	
207	01:30:25	46	John Crisp	Male	Benfleet RC
208	01:32:02	216	Sam Veerasamy	Male	Dagenham 88 Runners