

Wakehurst Willow 6 - 19th July 2023

Pos	Bib	Time	Forename	Surname	Club	Cat	Pos	Sex Pos
1	328	27:32	Ben	Short	Personify Fitness/Crawley AC	SM16-39	1	m1
2	8	29:45	Harvey	Alcock	Haywards Heath Harriers	SM16-39	2	m2
3	21	30:20	Jon	Barnes	Henfield Joggers	SM16-39	3	m3
4	60	30:53	Dan	Celani	Lingfield RC	VM40-44	1	m4
5	229	31:28	Matt	Mason	Horsham Joggers	SM16-39	4	m5
6	138	31:32	Jamie	Gibson	Haywards Heath Harriers	SM16-39	5	m6
7	83	31:51	Tony	Cunningham	N/A	VM45-49	1	m7
8	201	31:59	Sean	Jordan	Crawley Run Crew	SM16-39	6	m8
9	281	32:57	ben	peters	Burgess Hill Runners	SM16-39	7	m9
10	47	33:00	Amelia	Brown	Worthing & District Harriers	VW40-44	1	f1
11	337	33:06	Andy	Stainer	N/A	SM16-39	8	m10
12	340	33:37	Neil	Stanton	Swim 1st Triathlon Club	VM50-54	1	m11
13	40	33:39	Tom	Bond	N/A	SM16-39	9	m12
14	86	33:43	Oliver	Day	Burgess Hill Runners	VM55-59	1	m13
15	69	33:44	Matthew	Clark	N/A	SM16-39	10	m14
16	41	33:50	Lucie	Bourne	Hove Hornets	SW16-34	1	f2
17	2	34:13	George	Adams	N/A	SM16-39	11	m15
18	3	34:28	David	Adams	Haywards Heath Harriers	SM16-39	12	m16
19	397	34:46	Tom	Robertson	Horsham Joggers	SM16-39	13	m17
20	174	34:58	Simon	Holmes	Horsham Joggers	VM45-49	2	m18
21	285	35:07	Kirsty	Phillpot	Burgess Hill Runners	VW45-49	1	f3
22	322	35:36	Rob	Shapland	Horsham Joggers	SM16-39	14	m19
23	84	35:40	Alberto	Da Re	Vegan Runners UK	VM40-44	2	m20
24	226	35:45	Leo	maclachlan	Horsham Joggers	SM16-39	15	m21
25	297	36:22	Andrew	Puttick	Personify fitness	VM45-49	3	m22
26	22	36:27	James	Barnes	N/A	VM40-44	3	m23
27	338	36:39	Sarah	Stanbridge	Crawley Saints and Sinners Runni	SW16-34	2	f4
28	230	36:42	Alison	Mason	Ashdown Forest Trail Runners	VW40-44	2	f5
29	286	36:46	Neil	Phillpot	Burgess Hill Runners	VM45-49	4	m24
30	273	36:54	Madelaine	Parmar	Brighton Phoenix	SW16-34	3	f6
31	202	36:58	Darryl	Jupp	N/A	SM16-39	16	m25
32	183	37:01	Martin	Howell	Horley Harriers	VM55-59	2	m26
33	294	37:30	Andrea	Potter	Hove hornets	VW40-44	3	f7
34	395	37:32	Charlie	Yeoell	Horley Harriers	VM40-44	4	m27
35	330	37:39	Hannah	Slater	Ashdown forest trail runners	VW35-39	1	f8
36	94	37:55	Matthew	Dougan	Hove Hornets	VM45-49	5	m28
37	9	38:11	Mark	Aldred	Lingfield RC	VM45-49	6	m29
38	392	38:42	Chris	Woods	Bognor Tone Zones	SM16-39	17	m30
39	342	39:01	Andy	Stone	East grinstead runners	VM50-54	2	m31
40	10	39:08	Noah	Altman	N/A	SM16-39	18	m32
41	345	39:15	David	Strudwick	N/A	VM40-44	5	m33
42	291	39:19	Lucinda	Potten	Horsham Joggers	VW40-44	4	f9
43	116	39:23	Adam	Fernandes	Crawley Run Crew	SM16-39	19	m34
44	363	39:38	Andrew	Vine	Crawley Saints and Sinners	VM45-49	7	m35
45	239	39:48	Michele	Nixon	Crawley S & S	VW45-49	2	f10
46	180	39:49	Mike	Howard	Hove Hornets	VM50-54	3	m36
47	260	39:52	Charlotte	O'Dair	N/A	VW40-44	5	f11
48	45	39:52	Vicky	Breen	N/A	VW40-44	6	f12
49	145	40:00	Liz	Groome	N/a	VW40-44	7	f13
50	66	40:01	Mike	Clark	Mel's Milers	VM70-74	1	m37
51	77	40:03	Richard	Cornell	Horsham Joggers	VM45-49	8	m38
52	185	40:14	Jenny	Hughes	Arena 80 AC	VW60-64	1	f14
53	379	40:27	Victoria	Welsby	N/A	SW16-34	4	f15
54	56	40:31	Paul	Carter	Waverley Harriers	VM40-44	6	m39

55	98	40:33	Amy	Dunn	N/A	SW16-34	5	f16
56	141	40:33	Bruce	Girvan	J&M Runners	VM55-59	3	m40
57	218	40:38	Daren	Leonard	Pound Hill Pounders	VM55-59	4	m41
58	311	40:43	Andy	Robins	Horsham Joggers	VM40-44	7	m42
59	48	40:46	Steven	Brownlee	N/A	VM45-49	9	m43
60	44	40:47	Catherine	Bradley	Hove Hornets	VW40-44	8	f17
61	355	40:50	Rob	Turner	N/A	VM45-49	10	m44
62	385	40:54	Darren	Williams	Horley Harriers	VM50-54	4	m45
63	213	40:54	Joe	Lavery	Crawley Run Crew	VM50-54	5	m46
64	193	40:55	Sally	Jeffery	N/A	VW45-49	3	f18
65	259	41:03	Nick	Oakley	N/a	VM40-44	8	m47
66	126	41:11	Brian	Frost	Horsham Joggers	VM60-64	1	m48
67	257	41:14	Jane	Nurse	N/A	VW50-54	1	f19
68	113	41:20	Oliver	Farr	Haywards Heath Harriers	SM16-39	20	m49
69	142	41:23	Kathryn	Gohl	n/a	VW40-44	9	f20
70	4	41:40	Paul	Addie	Horley harriers	VM45-49	11	m50
71	31	41:51	David	Beed	N/A	SM16-39	21	m51
72	57	41:58	Encarnacion	Cascales Aranda	Team Nuts	VW50-54	2	f21
73	270	42:02	Alastair	Parke	We Are Runners	VM50-54	6	m52
74	391	42:07	Peter	Wirtzfeld	Run Academy Worthing	VM60-64	2	m53
75	168	42:09	Clare	Hilton	J and M running	VW40-44	10	f22
76	152	42:32	Sarah	Hardaker	n/a	VW40-44	11	f23
77	374	42:39	Ruth	Waters	N/A	VW45-49	4	f24
78	282	42:41	Alan	Pettitt	Horsham Joggers	VM60-64	3	m54
79	50	42:41	Chris	Buckland	N/A	VM45-49	12	m55
80	388	42:44	Andrew	Wilson	Haywards Heath Harriers	VM45-49	13	m56
81	173	42:46	Jonathan	Holland	Horley Harriers	SM16-39	22	m57
82	68	42:52	Rachel	Clark	N/A	SW16-34	6	f25
83	332	42:53	Paul	Smith	Pound hill pounders	VM40-44	9	m58
84	334	43:01	Chloe	Smith	Mid Sussex Triathlon Club	SW16-34	7	f26
85	153	43:11	Nick	Harnett	N/A	VM40-44	10	m59
86	262	43:11	Ian	Othen	N/A	VM45-49	14	m60
87	154	43:16	Henry	Harris	Crawley run crew	SM16-39	23	m61
88	274	43:19	Gary	Parr	Hassocks Community Runners	VM40-44	11	m62
89	308	43:20	Neil	Roberts	Crawley Run Crew	VM50-54	7	m63
90	171	43:27	Neil	Hocking	N/A	VM40-44	12	m64
91	33	43:32	Carl	Bicknell	Haywards Heath Harriers	VM60-64	4	m65
92	375	43:34	Michael	Way	N/A	VM55-59	5	m66
93	30	43:37	Stuart	Beed	N/A	SM16-39	24	m67
94	317	43:38	Brian	Rutter	Php	VM50-54	8	m68
95	61	43:39	Keith	Chambers	Lingfield RC	VM60-64	5	m69
96	70	43:42	Isobel	Clarke	Mel's Milers	VW50-54	3	f27
97	95	43:42	Ian	Down	Crawley Social & Wellbeing	VM55-59	6	m70
98	178	43:49	Matthew	Horne	Horsham Joggers	VM45-49	15	m71
99	177	43:50	Ron	Hooker	Crawley run crew	VM50-54	9	m72
100	133	43:59	Danielle	Gaynor	N/a	VW45-49	5	f28
101	268	43:59	Bob	Page	Arena 80	VM65-69	1	m73
102	39	44:08	Laura	Bloomfield	Hassocks Community Runners	VW35-39	2	f29
103	6	44:12	Simona	Akery	East Grinstead Runners	VW45-49	6	f30
104	122	44:15	Marcus	Fox	N/A	SM16-39	25	m74
105	365	44:22	Edward	Walden	Mel's Milers	VM50-54	10	m75
106	367	44:24	Carolynn	Walker	N/A	VW45-49	7	f31
107	256	44:27	Mark	Notridge	Lingfield RC	VM60-64	6	m76
108	128	44:32	Ali	Fuller	Pound Hill Pounders	VW45-49	8	f32
109	23	44:38	Jacqueline	Barnes	Haywards Heath Harriers	VW50-54	4	f33
110	51	44:39	Martin	Burnell	CRC	VM40-44	13	m77
111	276	44:42	Aneesha	Patel	Personify	SW16-34	8	f34
112	219	44:44	Colin	Light	N/A	VM40-44	14	m78
113	224	44:50	Stephen	Luxton	J&M Running	SM16-39	26	m79

114	266	44:55	Chris	Page	Burgess Hill Runners	VM60-64	7	m80
115	194	44:57	Rhea	Johnson	East Grinstead Runners	VW35-39	3	f35
116	393	44:57	David	Worsell	Lingfield RC	VM50-54	11	m81
117	290	45:05	leslie	plaisted	N/A	VW40-44	12	f36
118	335	45:13	Darija	Sparkes	East Grinstead Runners Club	VW45-49	9	f37
119	119	45:18	Glenn	Finer	East Grinstead runners	VM55-59	7	m82
120	205	45:21	Valerie	Khambata	Pound Hill Pounders	VW40-44	13	f38
121	215	45:21	Marcus	Leach	Horsham Joggers	VM60-64	8	m83
122	151	45:46	Jane	Harbage	N/A	VW40-44	14	f39
123	131	45:48	Kelly	Garrett	N/A	VW35-39	4	f40
124	225	45:54	Corin	Lyon	N/A	VW50-54	5	f41
125	190	46:05	Nick	Jackson-Smith	Hove Hornets	VM55-59	8	m84
126	32	46:10	Asia	Bejer	N/A	VW40-44	15	f42
127	137	46:13	Michael	Gibbons	Arena 80 AC	VM65-69	2	m85
128	287	46:14	Chris	Philpott	J&M Running	SM16-39	27	m86
129	81	46:18	Ian	Cumming	N/A	SM16-39	28	m87
130	195	46:21	Bruce	Johnson	East Grinstead Runners	VM40-44	15	m88
131	54	46:24	Lucy	Carey	N/A	VW35-39	5	f43
132	78	46:25	Barry	Cowdray	Pound Hill Pounders	VM50-54	12	m89
133	269	46:34	Mandy	Parke	We Are Runners	VW50-54	6	f44
134	26	46:35	Kate	Batchelor	Mels Milers	VW45-49	10	f45
135	188	46:38	Fiona	Hutchings	Horley Harriers	VW40-44	16	f46
136	102	46:39	Tracey	Edwards	Mel's Milers Jogging Club	VW50-54	7	f47
137	100	46:42	Kerrie	EDMONDS	Horley Harriers	VW35-39	6	f48
138	101	46:43	Ryan	Edmonds	N/A	SM16-39	29	m90
139	347	46:50	Emma	Taylor	Vegan Runners UK	SW16-34	9	f49
140	316	47:07	Jodie	Roue	N/A	VW35-39	7	f50
141	120	47:08	Jean	Fish	mid sussex tri club	VW60-64	2	f51
142	265	47:17	Jill	Page	Horsham Joggers	VW55-59	1	f52
143	7	47:22	Adrian	Alcock	N/A	VM60-64	9	m91
144	109	47:23	Gareth	Evans	N/A	VM50-54	13	m92
145	362	47:25	Gary	Viles	Crawley AC	SM16-39	30	m93
146	387	47:30	Catherine	Wilson	East Grinstead Runners	VW45-49	11	f53
147	349	47:36	Rachel	Thomas	Horsham Joggers	SW16-34	10	f54
148	333	47:39	Lisa	Smith	Poundhill pounders	VW40-44	17	f55
149	252	47:42	Andrew	Newby	Hove Hornets	VM50-54	14	m94
150	96	47:50	Lisa	Down	Crawley, Social and Wellbeing	VW55-59	2	f56
151	149	47:54	Sarah	Hamilton	Haywards Heath Harriers	VW55-59	3	f57
152	158	48:02	Dan	Hayes	N/A	VM45-49	16	m95
153	103	48:13	Rachel	Edwards	N/A	VW55-59	4	f58
154	64	48:16	David	Chase	Lingfield RC	VM50-54	15	m96
155	67	48:22	Maggie	Clark	N/A	VW55-59	5	f59
156	231	48:28	LESLIE	MAYGER	Seaford Striders	VM70-74	2	m97
157	312	48:46	Victoria	Robins	Horsham joggers	VW40-44	18	f60
158	293	48:50	Sharon	Potter	N/A	VW50-54	8	f61
159	29	48:51	Andrew	Beebee	N/A	VM40-44	16	m98
160	241	48:51	Sarah	Mepham	N/A	VW35-39	8	f62
161	237	48:52	Danny	Mclaughlin	Orpington Road Runners	VM55-59	9	m99
162	19	48:56	Grace	Barden	Crawley saints and sinners runnin	VW40-44	19	f63
163	296	49:04	Emma	Pryor	Haywards Heath Harriers	VW50-54	9	f64
164	93	49:09	Richard	Donovan	N/A	VM45-49	17	m100
165	263	49:13	Georgina	Pacelli	Hove Hornets	VW45-49	12	f65
166	361	49:19	Alan	Viles	Horley Harriers Running Club	VM65-69	3	m101
167	16	49:21	Paul	Austen	Pound Hill Pounders	VM50-54	16	m102
168	228	49:28	Kathryn	Martyn	Uckfield Runners	VW50-54	10	f66
169	165	49:31	Amanda	Hilken	Hassocks Community Runners	VW40-44	20	f67
170	247	49:31	Craig	Moran	N/A	VM40-44	17	m103
171	255	49:40	Stuart	Noel	N/A	VM45-49	18	m104
172	144	49:46	Jade	Griffin	East Grinstead Runners	SW16-34	11	f68

173	366	49:47	Rebekah	Walden	N/A	SW16-34	12	f69
174	245	49:47	Louise	Mitchell	Saints & Sinners Running Club	VW35-39	9	f70
175	307	49:48	Julie	Roberts	Crawley Run Crew	VW50-54	11	f71
176	346	49:55	pipa	sykes	J & M	VW35-39	10	f72
177	155	49:56	Christina	Harrison	Horsham Joggers	VW55-59	6	f73
178	42	50:03	David	Bowers	N/A	SM16-39	31	m105
179	207	50:13	Tracey	King	N/A	VW45-49	13	f74
180	244	50:18	Claire	Miller	N/a	VW40-44	21	f75
181	49	50:18	Charlotte	Brownlee	Mel's Milers	VW40-44	22	f76
182	348	50:24	Cornelia	Taylor	C-SAW	VW45-49	14	f77
183	25	50:30	Bradley	Barnett	Pound Hill Pounders	SM16-39	32	m106
184	343	50:42	Jo	Stow	n/a	VW35-39	11	f78
185	339	50:46	Valerie	Stanbridge	Crawley Saints and Sinners Runni	VW60-64	3	f79
186	289	50:48	Jacqui	Pitts	Hassocks Community Runners	VW50-54	12	f80
187	170	50:59	Gareth	Hines	N/A	VM60-64	10	m107
188	359	51:02	Michael	van Slageren	N/A	VM65-69	4	m108
189	85	51:03	Hayley	Dann	N/A	SW16-34	13	f81
190	378	51:13	Olga	Lavery	Crawley Run Crew	VW35-39	12	f82
191	223	51:17	Emma	Lunnon	Hassocks community runners	VW40-44	23	f83
192	377	51:22	Karen	Weller	Hove Hornets	VW50-54	13	f84
193	394	51:25	Hanish	Yadav	Pound Hill Pounders	SM16-39	33	m109
194	37	51:26	Karen	Blick	Fituitive	VW40-44	24	f85
195	298	51:29	Anna	Ramage	Mel's Milers	VW60-64	4	f86
196	326	51:29	Lorraine	Sherrard	Mels Milers	VW50-54	14	f87
197	112	51:50	Nathan	Faraday	N/A	VM40-44	18	m110
198	123	51:55	Ana	Frappell	Na	VW40-44	25	f88
199	303	51:57	Simon	Rhodes	Horsham Joggers	VM55-59	10	m111
200	206	51:58	Anna	Khambata	Pound Hill Pounders	VW40-44	26	f89
201	329	52:05	Penny	Simpson	Pound Hill Pounders	VW55-59	7	f90
202	208	52:13	Jack	King	N/A	SM16-39	34	m112
203	130	52:18	Fiona	Gardner	N/A	SW16-34	14	f91
204	146	52:23	Rebecca	Groome	N/A	VW45-49	15	f92
205	175	52:24	Laura	Holmes	Horsham Joggers	VW40-44	27	f93
206	251	52:25	Kate	Netley	East Grinstead Runners	VW50-54	15	f94
207	344	52:26	Sandra	Stratford	East Grinstead Runners	VW50-54	16	f95
208	132	52:37	Rebecca	Gates	N/A	VW45-49	16	f96
209	127	52:43	Hayley	Frost	N/A	VW45-49	17	f97
210	233	52:43	Lee	McGeean	Horsham Joggers	VW50-54	17	f98
211	292	52:44	Margreet	Potter	Horsham Joggers	VW50-54	18	f99
212	371	52:44	Clarissa	Walton	Mid Sussex Triathlon Club	VW60-64	5	f100
213	304	52:45	Peter	Richardson	C-SAW	VM65-69	5	m113
214	389	52:45	Louise	Windsor	N/A	VW45-49	18	f101
215	204	52:50	Nikki	Kentish	N/A	VW40-44	28	f102
216	117	52:51	Catherine	Ferrer	N/A	VW40-44	29	f103
217	148	52:53	Karen	Hall	Hove Hornets	VW55-59	8	f104
218	167	52:54	Becky	Hillman	N/A	VW35-39	13	f105
219	319	52:56	Rosy	Scott	N/a	VW40-44	30	f106
220	91	52:59	Cathy	Dickins	N/A	VW55-59	9	f107
221	275	53:01	Sarah	Parr	Hassocks Community Runners	VW35-39	14	f108
222	58	53:11	Yuko	Casey	Horsham Joggers	VW55-59	10	f109
223	272	53:11	Jennifer	Parmar	N/A	VW50-54	19	f110
224	283	53:20	Janice	Phelan	N/A	VW40-44	31	f111
225	89	53:24	Lucie	Delamaire	J&M	VW35-39	15	f112
226	386	53:25	Katherine	Williams	N/A	SW16-34	15	f113
227	242	53:27	Mary	Merlo	N/A	VW45-49	19	f114
228	214	53:31	Lizzie	Layfield	N/A	VW40-44	32	f115
229	104	53:52	Sue	Elliott	East grinstead runners	VW60-64	6	f116
230	72	53:54	Dawn	Cobbett	Run Academy Worthing	VW60-64	7	f117
231	162	54:04	Peter	Helliwell	Horsham Joggers	VM75-79	1	m114

232	182	54:12	Ali	Howell	Horley Harriers	VW60-64	8	f118
233	52	54:16	Emily	Burt	Crawley Run Crew	SW16-34	16	f119
234	399	54:17	Kate	Weir	N/A	VW55-59	11	f120
235	358	54:25	Simon	Valder	Hove Hornets	VM45-49	19	m115
236	279	54:27	Liz	Perry	N/A	VW55-59	12	f121
237	353	54:31	Nicole	Trett	East Grinstead Runners	VW40-44	33	f122
238	382	54:44	David	West	N/A	VM55-59	11	m116
239	372	55:04	Jackie	Ware	Hove Hornets	VW55-59	13	f123
240	261	55:04	Jenny	Ombler	Hove hornet	VW45-49	20	f124
241	299	55:07	Mark	Raven	Pound Hill Pounders	VM50-54	17	m117
242	331	55:09	Shirley	Slough	Mel's Milers	VW60-64	9	f125
243	12	55:09	Sarah	Andrews	N/A	VW40-44	34	f126
244	364	55:12	Elaine	Vine	Pound Hill Pounders	VW45-49	21	f127
245	147	55:13	Charlotte	Guy	N/A	VW45-49	22	f128
246	350	55:15	Lynsey	Thompson	N/A	VW40-44	35	f129
247	321	55:18	Rita	Shah	J&M	VW55-59	14	f130
248	203	55:25	Lauren	Kelly	N/A	VW40-44	36	f131
249	235	55:25	Silvia	Mckee	N/A	VW40-44	37	f132
250	277	55:32	Helen	Pearce	N/A	VW35-39	16	f133
251	88	55:34	Lisa	De Noronha	Pound Hill Pounders	VW35-39	17	f134
252	318	55:53	Barry	Saunders	N/A	VM50-54	18	m118
253	172	55:56	Sophia	Hodge	East grinstead runners	SW16-34	17	f135
254	267	55:58	Denise	Page	NA	VW60-64	10	f136
255	301	55:59	Andrew	Revell	N/A	VM65-69	6	m119
256	115	56:05	Sarah	Ferguson	Lingfield RC	VW40-44	38	f137
257	181	56:05	Catherine	Howe	Saints and sinners	VW65-69	1	f138
258	368	56:10	Sally	Walker	East Grinstead Runners	VW50-54	20	f139
259	111	56:16	Melanie	Failes	HCR	VW45-49	23	f140
260	136	56:27	Christine	Gibbons	Arena 80 AC	VW65-69	2	f141
261	179	56:27	Jonathan	Horsley-Page	N/A	SM16-39	35	m120
262	253	56:43	Virginia	Nicholls	N/A	VW45-49	24	f142
263	13	56:50	Emily	Andrews	Hassocks Community Runners	VW45-49	25	f143
264	76	56:51	Rachel	Cordery	saints and Sinners	VW50-54	21	f144
265	212	57:06	Kevin	Langridge	Crawley Run Crew	VM55-59	12	m121
266	134	57:07	Catherine	Geoghegan	N/A	VW50-54	22	f145
267	250	57:09	Vanessa	Mussett	We are runners	VW60-64	11	f146
268	288	57:18	JANE	PIDGEON	HOVE HORNETS	VW65-69	3	f147
269	209	57:18	Stephen	Knott	Arena 80 AC	VM60-64	11	m122
270	234	57:27	Marlene	McHale	Burgess Hill Runners	VW65-69	4	f148
271	53	57:28	Alexandra	Byrne	Lonely Goat RC	SW16-34	18	f149
272	323	57:38	Colin	Shaw	Mel's Milers Jogging Club	VM80-84	1	m123
273	271	57:48	Liz	Parker	Fordy Runs	VW55-59	15	f150
274	227	57:53	Lucy	Mardel-Ferreira	J and M running	VW55-59	16	f151
275	306	58:28	Jennie	Ridley	West Hoathly running club	VW45-49	26	f152
276	62	58:41	Emma	Chapman	Horsham Joggers	VW55-59	17	f153
277	232	58:45	SALLY	MAYGER	Seaford Striders	VW60-64	12	f154
278	396	58:45	Sue	Zanin	Horsham Joggers	VW55-59	18	f155
279	63	58:54	laura	chappell	N/A	VW40-44	39	f156
280	324	58:55	Ali	Shears	Horsham Joggers	VW50-54	23	f157
281	211	59:00	Susan	Langridge	Crawley Run Crew	VW55-59	19	f158
282	390	59:24	Sarah	Winn	East Grinstead runners	VW50-54	24	f159
283	65	59:29	Nicola	Church	N/a	VW35-39	18	f160
284	376	59:29	Arun	Weddle	Crawley Run Crew	VM40-44	19	m124
285	157	59:35	Vanessa	Harrold	Heathfield Road Runners	VW55-59	20	f161
286	217	59:36	Fay	Lelliott	N/a	VW35-39	19	f162
287	341	59:40	Hugh	Stevenage	Burgess Hill Runners	VM55-59	13	m125
288	114	59:51	Aisyah	Faruk	J&M Runners	VW35-39	20	f163
289	87	59:54	Ruth	Day	Burgess Hill Runners	VW55-59	21	f164
290	36	59:59	Claire	Blake	NA	VW50-54	25	f165

291	143	60:02	Alison	Green	Rogue Runners	VW55-59	22	f166
292	124	60:20	monicka	frisby	We are runners	VW45-49	27	f167
293	161	60:37	Bernadette	Hecht	Hassocks Community Runners	VW65-69	5	f168
294	110	60:38	Dawn	Fahy	N/A	VW60-64	13	f169
295	320	60:41	Anthony	Seddon	N/A	VM40-44	20	m126
296	198	60:42	Kevin	Jones	N/A	VM55-59	14	m127
297	381	60:53	Emma	West	N/A	SW16-34	19	f170
298	238	61:40	Jessica	Melville	N/A	VW40-44	40	f171
299	243	61:47	Nikki	Miles	N/A	VW35-39	21	f172
300	108	61:47	Rachel	Evans	N/A	VW35-39	22	f173
301	357	62:40	Tiziana	Ulian	J&M	VW50-54	26	f174
302	351	62:56	Tania	Tinslay	Hove hornet	VW40-44	41	f175
303	99	62:56	Tracy	Eaton	Hove Hornets	VW55-59	23	f176
304	74	63:16	Lizzie	Coleshill	J&M	VW65-69	6	f177
305	196	63:21	Louise	Johnston	N/A	VW55-59	24	f178
306	80	64:47	Jane	Croft	Pound hill pounders	VW55-59	25	f179
307	46	64:47	Jackie	Brock	Pound hill Pounders	VW50-54	27	f180
308	284	65:33	Nigel	Phillips	Mel's Milers Jogging Club	VM70-74	3	m128
309	121	65:36	Joanne	Fisher	N/A	VW40-44	42	f181
310	222	65:41	Lisa	Love	Mels Milers	VW60-64	14	f182
311	59	66:25	Sophie	Cavill	East Grinstead Runners	VW40-44	43	f183
312	169	66:38	Ian	Hines	Horsham Joggers	VM55-59	15	m129
313	107	67:45	Kate	Evans	Run Academy Worthing	VW40-44	44	f184
314	166	67:52	Charlie	Hill	N/A	SW16-34	20	f185
315	310	67:52	Emma	Robertson	Pound Hill Pounders	SW16-34	21	f186
316	305	67:54	Julie	Richardson	C-SAW	VW65-69	7	f187
317	160	68:33	Simon	head	N/A	VM40-44	21	m130
318	210	68:44	Susan	Kowszun	N/A	VW55-59	26	f188
319	163	68:53	Alice	Henstock	Pound hill pounders	VW45-49	28	f189
320	82	68:57	Patricia	Cummins	Run Academy Worthing	VW80-84	1	f190
321	164	68:57	Margo	Herbert	Run Academy Worthing	VW55-59	27	f191
322	90	69:21	Rachel	Detnon	Horsham Joggers	VW55-59	28	f192
323	398	69:21	Jean	Salt	N/A	VW50-54	28	f193
324	360	69:24	Angie	Vater	East Grinstead Runners	VW60-64	15	f194
325	11	69:43	Rebecca	Altman	N/A	VW50-54	29	f195
326	28	70:03	Helen	Baverstock	Horley Harriers Running Club	VW60-64	16	f196
327	370	72:31	Mark	Walton	MID SUSSEX TRI CLUB	VM60-64	12	m131
328	246	74:45	Kerry	Moran	Hove Hornets	VW40-44	45	f197
329	135	88:18	Helen	Gibb	N/A	VW40-44	46	f198
330	139	88:19	Claire	Gilliver	N/A	VW40-44	47	f199
331	176	88:21	rowen	holt	N/A	SM16-39	36	m132