

The Newhaven Lighthouse 10K 2023 Results

Position	By Cat	By Gender	Team (3)	Name	Surname	Category	Club	Chip Time	PB	CR
1	1	1		Patryk	Kasperek	Senior Men	No running club	00:34:52	X	X
2	2	2		Joshua	Price	Senior Men	No running club	00:35:44		
3	3	3		Jun	Nakamaru-pinder	Senior Men	Fulham RC	00:36:05		
4	4	4		Tom	Leeman	Senior Men	Edinburgh AC	00:36:13		
5	1	5		Paul	Slifer	V50M	Musselburgh	00:37:30		X
6	5	6		Volodymyr	Heviuk	Senior Men	Sochka Team	00:38:48		
7	1	7	2	Gareth	Meardon	V40M	Edinburgh Running Network	00:39:49		
8	6	8		Euan	Chalmers	Senior Men	No running club	00:39:58	X	
9	2	9		Linn	Denholm	V40M	Edinburgh AC	00:40:11	X	
10	2	10		Simon	Grieshaber	V50M	Perth Road Runners	00:40:22		
11	7	11	2	Will	Toms	Senior Men	Edinburgh Running Network	00:40:38	X	
12	8	12	1	Ciaran	Young	Senior Men	Lothian Running Club	00:41:47		
13	3	13	3	Michael	Bareford	V50M	Hunters Bog Trotters	00:41:59	X	
14	1	1		Katie	Mitchell	V40F	No running club	00:42:10		X
15	9	14		Grant	Dilasser	Senior Men	Gala Harriers	00:42:14	X	
16	10	15		Sam	Allott	Senior Men	No running club	00:42:18		
17	2	2		Katy	Rutherford	V40F	No running club	00:42:49		
18	4	16		David	O'Neill	V50M	The flying Dave-O's	00:43:12		
19	3	3		Jennifer	Johnston	V40F	No running club	00:43:16		
20	1	4	1	Julie	Atkinson	V50F	Lothian Running Club	00:43:54		X
21	5	17		Jim	Boyle	V50M	Garscube Harriers	00:44:06		
22	3	18		Alastair	Noble	V40M	No running club	00:44:07		
23	6	19	1	Paul	Young	V50M	Lothian Running Club	00:44:35		
24	1	5		Jacqueline	Cordingley	V60F	Sale Harriers Manchester	00:44:39	X	X
25	1	20		Paul	Negri	V60M	Serpentine RC	00:44:43		
26	1	6		Aneta	Jozefowicz	Senior Women	No running club	00:44:46		
27	7	21		Michael	Bisset	V50M	Carnegie Harriers	00:44:54	X	
28	11	22		James	Picken	Senior Men	No running club	00:44:54		
29	12	23		Luke	Richmond	Senior Men	No running club	00:45:09		

30	13	24		Paul	Renwick	Senior Men	No running club	00:45:22		
31	14	25		Craig	Orourke	Senior Men	No running club	00:45:33		
32	8	26		Richard	Allott	V50M	No running club	00:45:38		
33	15	27		Aidan	Cashin	Senior Men	Leith Runners Social Running Group	00:45:38		
34	16	28		Michal	Kiecok	Senior Men	No running club	00:45:41		
35	17	29		Job	De Roij	Senior Men	No running club	00:45:47		
36	2	7		Debbie	Morgan	Senior Women	Newton Road Runners	00:45:56		
37	4	8		Monica	Lara	V40F	No running club	00:46:16		
38	18	30		Thomas	Snowdon	Senior Men	No running club	00:46:21		
39	4	31		Neil	Berry	V40M	No running club	00:46:27		
40	5	32		Fiach	O'mahony	V40M	No running club	00:46:29		
41	5	9		Polly	Bisset	V40F	No running club	00:46:32		
42	2	33		Frank	Cordingley	V60M	Sale Harriers Manchester	00:46:51	X	
43	6	34		Sam	Hill	V40M	No running club	00:46:54		
44	19	35		Michael	Ewing	Senior Men	No running club	00:47:00		
45	7	36		Will	Mcaulay	V40M	No running club	00:47:00		
46	8	37		Richard	Smithson	V40M	SRC Edinburgh	00:47:08		
47	9	38		Robin	Watson	V40M	Dunbar Running Club	00:47:13		
48	6	10		Shona	Macdonald	V40F	Portobello Running Club	00:47:14		
49	20	39		Fraser	Seywright	Senior Men	No running club	00:47:15		
50	21	40		Rory	Hamilton	Senior Men	No running club	00:47:19		
51	2	11		Claire	Gilchrist	V50F	Ferranti AAC	00:47:34		
52	22	41		Benjamin	Waite	Senior Men	Cramond Centurions	00:47:48		
53	23	42		Evan	Dixon	Senior Men	No running club	00:47:57		
54	24	43		Hairul	Wahab	Senior Men	Gala Harriers	00:47:58		
55	3	12		Jemma	Mccusker	Senior Women	No running club	00:48:11		
56	25	44		Mark	Wilkie	Senior Men	No running club	00:48:25		
57	26	45		David	Bragado	Senior Men	No running club	00:48:27		
58	4	13		Louise	Mcphail	Senior Women	No running club	00:49:01		
59	27	46		David	Vacek	Senior Men	No running club	00:49:07		
60	28	47		Matthew	Fogarty	Senior Men	No running club	00:49:08		
61	5	14		Iliana	Valiullina	Senior Women	Ballymena Runners	00:49:15		
62	10	48		Lukasz	Biniecki	V40M	No running club	00:49:29		

63	29	49		Harry	Connolly	Senior Men	No running club	00:49:32		
64	30	50		Juan	Martos Diaz	Senior Men	No running club	00:49:47		
65	6	15	3	Lizzy	Sisley	Senior Women	Hunters Bog Trotters	00:49:54		
66	31	51		Chris	Guest	Senior Men	No running club	00:49:55	X	
67	7	16		Eve	Miller-hodges	V40F	No running club	00:49:56		
68	32	52		Aniekan	Abasiekong	Senior Men	No running club	00:50:37		
69	33	53		Luke	Fogarty	Senior Men	No running club	00:50:45		
70	3	54		Kevin	Fogarty	V60M	No running club	00:50:46		
71	7	17		Katie	Wilson	Senior Women	No running club	00:51:02		
72	34	55		Chris	Sproule	Senior Men	No running club	00:51:04		
73	8	18		Sarah	Mitchell	Senior Women	No running club	00:51:15		
74	11	56		Aly	Watson	V40M	Glasgow Frontrunners	00:51:22		
75	3	19		Elaine	Timoney	V50F	Penicuik Harriers	00:51:25		
76	12	57		Gavin	Graham	V40M	No running club	00:51:27		
77	35	58		Vakaris	Gvazdauskas	Senior Men	No running club	00:51:29		
78	9	59		Brian	Conway	V50M	Run Livingston	00:51:38		
79	9	20		Lily	Fowler	Senior Women	No running club	00:51:40		
80	36	60		Matthew	Milton	Senior Men	No running club	00:51:44		
81	10	61		John	Boyle	V50M	Lothian Running Club	00:51:45		
82	10	21		Jennifer	Cordingley	Senior Women	No running club	00:51:46	X	
83	4	62		Adrian	Blackledge	V60M	No running club	00:51:47		
84	13	63		Thomas	O'malley	V40M	No running club	00:51:50		
85	5	64		Alan	Mcclelland	V60M	No running club	00:52:20		
86	11	65		Andrew	Sutton	V50M	No running club	00:52:20		
87	14	66		Victor	Torres	V40M	No running club	00:52:21		
88	8	22		Stacie	Bousfield	V40F	No running club	00:52:25		
89	11	23		Rachel	Brandie	Senior Women	No running club	00:52:31		
90	15	67		Chris	Ward	V40M	No running club	00:52:31		
91	1	68		Robin	Miller	V70M	No running club	00:52:39		X
92	12	24		Dearbhla	Gavigan	Senior Women	No running club	00:52:40	X	
93	4	25		Pamela	Brandie	V50F	Arbroath Footers	00:53:04		
94	16	69		Graham	Mcilroy	V40M	No running club	00:53:11		
95	13	26		Sonia	Whelan	Senior Women	No running club	00:53:11		

96	14	27		Carrie	Mcdonagh	Senior Women	No running club	00:53:14		
97	9	28		Natalie	Hunter	V40F	Newton Road Runners	00:53:18		
98	10	29		Kate	Ramsay	V40F	No running club	00:53:24		
99	12	70		Luca	Cantarutti	V50M	No running club	00:53:26		
100	15	30		Francine	Wallace	Senior Women	No running club	00:53:30		
101	17	71		Hugh	Simpson	V40M	No running club	00:53:31		
102	13	72		Brian	Wright	V50M	No running club	00:53:31		
103	1	31		Beth	Simpson	Youth Female	No running club	00:53:32		X
104	16	32		Evie	Fowler	Senior Women	No running club	00:53:51		
105	37	73		Blair	Geddes	Senior Men	Carnegie Harriers	00:53:51		
106	38	74		Finlay	Geddes	Senior Men	No running club	00:53:52		
107	14	75		Sasha	Maguire	V50M	No running club	00:53:58		
108	39	76		Ră©gis	Simonetti	Senior Men	No running club	00:54:01		
109	11	33		Lindsey	Robertson	V40F	No running club	00:54:05		
110	12	34		Carrie	Pedersen	V40F	Portobello Running Club	00:54:29		
111	17	35	3	Millie	Morgan	Senior Women	Hunters Bog Trotters	00:54:30		
112	5	36		Rhona	Penman	V50F	No running club	00:54:31		
113	15	77		Barry	Dickson	V50M	No running club	00:54:34		
114	18	37		Kaitlyn	Chambers	Senior Women	No running club	00:54:40		
115	16	78		Jim	Davidson	V50M	No running club	00:54:40	X	
116	18	79		David	Ramsay	V40M	No running club	00:54:43		
117	19	38		Courtney	Mclauchlan	Senior Women	Girlcode Box	00:54:44		
118	13	39	5	Mhairi	Bagnall	V40F	Corstorphine AAC	00:54:46		
119	20	40		Kensley	Wilson	Senior Women	No running club	00:54:46		
120	19	80		Barry	Ure	V40M	OHR	00:54:47		
121	21	41		Lucy	Fletcher	Senior Women	No running club	00:54:49		
122	20	81		Chris	Gent	V40M	No running club	00:54:49		
123	14	42		Jill	Fairbairn	V40F	No running club	00:54:54		
124	22	43		Natalie	Macpherson	Senior Women	No running club	00:54:56		
125	17	82		Douglas	Thomson	V50M	No running club	00:54:56		
126	40	83		David	Flynn	Senior Men	No running club	00:54:59		
127	6	44		Liz-anne	Maben	V50F	No running club	00:54:59		
128	7	45		Karen	Darragh	V50F	No running club	00:55:27		

129	8	46		Mairi	Paterson	V50F	No running club	00:55:28		
130	18	84		Andrew	Dickson	V50M	No running club	00:55:41		
131	23	47		Joanna	Macdonald	Senior Women	No running club	00:55:41		
132	19	85		Gareth	Owen	V50M	No running club	00:55:53		
133	24	48		Georgia	Rogers	Senior Women	No running club	00:55:58		
134	25	49		Isabel	Pennock	Senior Women	No running club	00:56:02		
135	16	50		Kelly	Falconer	V40F	No running club	00:56:10	X	
136	15	51		Sharen	Roberts	V40F	No running club	00:56:10		
137	41	86	2	Matthew	Gorrie	Senior Men	Edinburgh Running Network	00:56:13	X	
138	42	87		Tony	Iskander	Senior Men	No running club	00:56:22		
139	17	52		Angela	Millar	V40F	No running club	00:56:37		
140	6	88		Alexander	Dodds	V60M	No running club	00:56:38		
141	18	53		Carol	Duncan	V40F	No running club	00:56:43		
142	7	89	7	Michael	Russell	V60M	Edinburgh Running Network	00:56:44		
143	19	54		Susan	Macquarrie	V40F	No running club	00:57:03		
144	20	90		Richard	Bowman	V50M	No running club	00:57:05		
145	9	55	6	Philippa	Parmiter	V50F	Jog Scotland	00:57:05		
146	43	91		David	Coldwell	Senior Men	No running club	00:57:09		
147	26	56		Mhairi	Williamson	Senior Women	No running club	00:57:10		
148	20	57		Libby	Pedersen	V40F	No running club	00:57:11		
149	21	58		Elaine	Mathieson	V40F	No running club	00:57:12	X	
150	10	59		Myra	Owen	V50F	No running club	00:57:21		
151	27	60		Carly	Newton	Senior Women	Lauderdale limpers	00:57:31		
152	11	61		Marilyn	Conwy	V50F	Run Livingston	00:57:33		
153	12	62		Dawn	Watson	V50F	Lothian Running Club	00:57:34		
154	8	92		Ray	Head	V60M	No running club	00:57:39		
155	28	63		Liz	Murphy	Senior Women	No running club	00:57:45		
156	29	64		Janice	Fairbairn	Senior Women	No running club	00:57:47		
157	30	65		Megan	Mckrell	Senior Women	No running club	00:57:58		
158	22	66		Kerri	Hutchison	V40F	Wee County Harriers	00:57:59		
159	31	67		Joanna	Clarke	Senior Women	No running club	00:58:06		
160	23	68		Claire	Houston	V40F	No running club	00:58:15		
161	24	69		Ruth	Wyatt	V40F	No running club	00:58:16		

162	44	93		Benjamin	Mellish	Senior Men	No running club	00:58:28		
163	32	70		Lauren	Nelson	Senior Women	No running club	00:58:28		
164	45	94		Roberto Hernan	Cambon Alonso	Senior Men	No running club	00:58:37		
165	25	71		Emma	Atkinson	V40F	No running club	00:58:40		
166	26	72		Cheryl	Peebles	V40F	No running club	00:58:41		
167	21	95		Stephen	Van Putten	V40M	Lonely Goat	00:58:56		
168	13	73		Wendy	Davidson	V50F	No running club	00:59:09		
169	14	74		Elizabeth	Shand	V50F	No running club	00:59:09		
170	9	96		Tom	Burton	V60M	No running club	00:59:11		
171	33	75		Nicole	Stewart	Senior Women	No running club	00:59:15		
172	2	76	5	Lindsay	Seywright	V60F	Corstorphine AAC	00:59:17		
173	1	97		Finn	Shearer	Youth Male	No running club	00:59:21		X
174	28	77		Lisa	Cooper	V40F	No running club	00:59:30		
175	27	78		Hazel	Hunter	V40F	No running club	00:59:30		
176	35	79		Sophie	Love	Senior Women	No running club	00:59:38		
177	34	80		Kirsty	Noble	Senior Women	No running club	00:59:38		
178	36	81		Gillian	Love	Senior Women	No running club	00:59:39		
179	37	82		Sophie	Leaker	Senior Women	No running club	00:59:46		
180	22	98		Robert	Morrice	V40M	No running club	01:00:08		
181	38	83		Ellen	Desmond	Senior Women	No running club	01:00:14		
182	29	84		Aleksandra	Lennon	V40F	No running club	01:00:15		
183	46	99		Lewis	Marshall	Senior Men	No running club	01:00:32		
184	39	85		Jane	Bockmuhl	Senior Women	No running club	01:00:33		
185	21	100		Ian	Pennock	V50M	No running club	01:00:35		
186	40	86		Kayleigh	Purves	Senior Women	Sharp Shufflers	01:00:36		
187	30	87		Katherine	Manley	V40F	No running club	01:00:41		
188	41	88		Charlotte	Campbell	Senior Women	No running club	01:00:46		
189	42	89		Rachel	Gilhooley	Senior Women	No running club	01:00:46		
190	47	101		Michael	Mccusker	Senior Men	No running club	01:00:48		
191	31	90		Eve	Laird	V40F	No running club	01:00:57		
192	43	91		Jessie	Blackledge	Senior Women	No running club	01:01:17		
193	32	92		Sarah	Van Putten	V40F	Lonely Goat	01:01:19		
194	15	93		Miriam	Adcock	V50F	JogPeebles	01:01:20		

195	44	94		Ashley	Buchan	Senior Women	No running club	01:01:26		
196	45	95		Hannah	Gray	Senior Women	No running club	01:01:31		
197	16	96		Christine	Falconer	V50F	No running club	01:01:39		
198	17	97		Lili	Musgrave	V50F	No running club	01:01:41		
199	46	98		Jade	Stewart	Senior Women	No running club	01:01:41		
200	47	99		Carol	Hunter	Senior Women	No running club	01:01:50		
201	48	100		Laura	Hay	Senior Women	No running club	01:01:51		
202	33	101		Marion	Inglis	V40F	No running club	01:02:08		
203	49	102		Gemma	Whitson	Senior Women	Musselburgh District AC	01:02:09		
204	3	103		Sylvie	Nadeau	V60F	No running club	01:02:21		
205	51	104		Catriona	Cameron	Senior Women	No running club	01:02:27		
206	50	105		Emer	Foyle	Senior Women	No running club	01:02:27		
207	22	102	6	Thomas	O'hara	V50M	Jog Scotland	01:02:41		
208	34	106		Linda	Pollock	V40F	No running club	01:03:02		
209	36	107		Tina	Doherty	V40F	No running club	01:03:03		
210	35	108		Laura	Holton	V40F	No running club	01:03:03		
211	37	109		Jurgita	Gvazdauskiene	V40F	No running club	01:03:20		
212	18	110		Jackie	Mcgurk	V50F	No running club	01:03:23		
213	48	103		Sophie	Allott	Senior Men	No running club	01:03:27		
214	19	111		Natalie	Wood	V40F	No running club	01:04:11		
215	2	104		Charlie	Scott	V70M	City of Glasgow Victoria Park AC	01:04:23		
216	52	112		Katie	Fleming	Senior Women	No running club	01:04:32		
217	38	113		Clare	Beesley	V40F	No running club	01:04:42		
218	4	114		Margaret	Sheridan-bruce	V60F	No running club	01:04:43		
219	1	115	6	Diane	Ring	V70F	Jog Scotland	01:04:45		
220	10	105		Keiith	Harper	V60M	No running club	01:05:01		
221	39	116		Magdalena	Grzynkiewicz	V40F	No running club	01:05:13		
222	20	117		Helen	Dodds	V50F	No running club	01:05:30		
223	53	118		Lynne	Blanchfield	Senior Women	No running club	01:05:57		
224	5	119	7	Joyce	Coleman	V60F	Edinburgh Running Network	01:06:03		
225	6	120	7	Anne	Begbie	V60F	Edinburgh Running Network	01:06:05		
226	54	121		Bernadette	Dalton	Senior Women	EYW	01:06:10		
227	55	122		Jennifer	Wan	Senior Women	Wee County Harriers	01:06:23		

228	56	123		Jessica	Simpson	Senior Women	We Run Edinburgh	01:06:42		
229	57	124		Rachael	Anderson	Senior Women	No running club	01:06:56		
230	58	125		Elena	Macdonald	Senior Women	No running club	01:06:56		
231	11	106		Graham	Pinfield	V60M	Lothian runners	01:07:09		
232	40	126	5	Audrey	Graham	V40F	Corstorphine AAC	01:07:12		
233	21	127		Fiona	Linklater	V50F	No running club	01:07:16		
234	41	128		Vicky	Wood	V40F	Forward is Forward	01:07:34		
235	59	129		Shirin	Geddes	Senior Women	No running club	01:08:31		
236	42	130		Linda	Jamieson	V40F	No running club	01:08:43		
237	60	131		Sophie	Birch	Senior Women	No running club	01:09:06		
238	61	132		Kirsty	Lobban	Senior Women	No running club	01:09:21		
239	62	133		Yasmin	Fleming	Senior Women	No running club	01:09:37		
240	23	107		Andrew	Mckenna	V50M	Lothian Running Club	01:09:39		
241	22	134		Karin	Menzies	V50F	No running club	01:10:05		
242	24	108		Philip	Roddam	V50M	No running club	01:10:07		
243	23	135		Kirsty	Dundas	V50F	No running club	01:10:08		
244	24	136		Carol	Whyte	V50F	No running club	01:10:08		
245	63	137		Nia	Makarova	Senior Women	No running club	01:10:18		
246	12	109		Steve	Hall	V60M	SRC Edinburgh	01:10:41		
247	49	110		Connor	Denton	Senior Men	No running club	01:11:01		
248	50	111		John	Hilliard	Senior Men	No running club	01:11:56		
249	25	138		Lizzy	Reid	V50F	No running club	01:12:00		
250	64	139		Ekaterina	Todorova	Senior Women	No running club	01:12:35		
251	65	140		Ziyang	Cao	Senior Women	No running club	01:12:48		
252	7	141		Kathryn	Wesley	V60F	No running club	01:12:52		
253	66	142		Coral	Wesley	Senior Women	No running club	01:12:53		
254	26	143		Dawn	Owen	V50F	No running club	01:13:11		
255	67	144		Hayley	Richards	Senior Women	No running club	01:14:34		
256	68	145		Katy	Skipworth	Senior Women	No running club	01:14:35		
257	69	146		Elizabeth	Wells	Senior Women	No running club	01:15:59		
258	70	147		Paulina	Dudziak	Senior Women	No running club	01:16:02		
259	43	148		Laura	Thomson	V40F	No running club	01:17:40		
260	44	149		Sarah	Halliday	V40F	No running club	01:18:30		

261	71	150		Carly	Macpherson	Senior Women	No running club	01:23:23		
262	72	151		Rachel	Macpherson	Senior Women	No running club	01:23:23		
263	73	152		Amy	Brydon	Senior Women	No running club	01:30:43		
tbc	tbc	tbc		Kevin	Graham	V40M	No running club	tbc		
tbc	tbc	tbc		Thomson	Mitchell	V60M	No running club	tbc		
tbc	tbc	tbc		Giulia	Ross	Senior Women	No running club	tbc		