

Run 4 It Proms 3K Results

3rd February 2023

Race Number 4

Posn	No	Forename	Surname	Club	Cat	Time
1	371	Martin	Mueller	Metro Aberdeen Running Club	M	08:59
2	399	Caleb	McGuire	AAAC	MJ	09:06
3	146	Stephen	Molloy	Grammar RC	M	09:10
4	299	Jamie	Ross	Deeside Runners	M45	10:09
5	234	Garry	Joss	Unattached	M	10:11
6	98	David	Horne	TrYthan	M50	10:20
7	150	Neil	Mosgrove	Banchory Running Club	M	10:25
8	441	Mark	Stockton	Cosmic Hillbashers	M40	10:26
9	30	David	Cornwell	Metro Aberdeen Running Club	M40	10:33
10	300	Joanna	Robertson	AAAC	F	10:49
11	345	Richard	Masson	Peterhead AAC	M45	10:50
12	127	Harry	McAuley	Albyn School Ltd	MJ	10:57
13	19	Kevin	Buchan	Metro Aberdeen Running Club	M45	10:58
14	100	Julie	Hoyle	JSK Running Club	F40	11:02
15	492	Richard	Roulson	Metro Aberdeen Running Club	M60	11:09
16	271	Stephen	Simpson	JSK Running Club	M	11:13
17	425	Ludovic	Krauss	Metro Aberdeen Running Club	M	11:18
18	153	Stuart	Murray	Unattached	M45	11:19
19	471	Theo	Jones	Albyn School Ltd	MJ	11:21
20	88	Martin	Goodlad	Unattached	M45	11:23
21	184	Karen	Simpson	Thistle Fitness	F40	11:24
22	404	Jenny	Stanning	Metro Aberdeen Running Club	F	11:26
23	128	Neil	McBain	Metro Aberdeen Running Club	M40	11:27
24	138	Drew	McLelland	JSK Running Club	M45	11:27
25	207	Kevin	Watson	Unattached	M	11:28
26	290	Simon	Bains	Cosmic Hillbashers	M50	11:29
27	93	Mark	Hale	Metro Aberdeen Running Club	M40	11:29
28	9	Craig	Anderson	Metro Aberdeen Running Club	M50	11:40
29	297	Glen	Chalmers	Newburgh Dunes RC	M45	11:43
30	61	Keith	Dunnett	Metro Aberdeen Running Club	M50	11:44
31	149	Gavin	Morris	Newburgh Dunes RC	M	11:48
32	43	Kelly	Cruden	Peterhead AAC	F40	11:49
33	288	Lauren	Tanner	Unattached	F	11:49
34	196	Aimee	Tawse	JSK Running Club	FJ	11:54
35	495	Evan	Wilson	Albyn School Ltd	MJ	11:56
36	37	Paul	Coxall	Metro Aberdeen Running Club	M55	12:01
37	470	Michael	Jannetta	Newburgh Dunes RC	M40	12:03
38	192	Caris	Strachan	Newburgh Dunes RC	F	12:05
39	131	Graham	McDermid	Metro Aberdeen Running Club	M60	12:07
40	496	Lawrence	Wattie	Metro Aberdeen Running Club	M50	12:12
41	18	Greg	Bruce	Fraserburgh Running Club	M	12:24
42	360	Kim	King	Newburgh Dunes RC	F40	12:26
43	204	Jamie	Walker	JSK Running Club	M45	12:28
44	70	Julie	Erskine	Metro Aberdeen Running Club	F40	12:29
45	189	Susan	Strachan	Peterhead AAC	F45	12:35
46	354	William	Skinner	AAAC	M60	12:41
47	21	Colin	Burnett	Unattached	M60	12:45
48	210	Wilson	Willox	Unattached	M65	12:46
49	490	Cameron	Paton	Albyn School Ltd	MJ	12:50
50	259	Andy	Traill	Newburgh Dunes RC	M45	12:52
51	451	Chaniel	Echebiri	Albyn School Ltd	MJ	12:59
52	60	Helen	Duguid	Metro Aberdeen Running Club	F40	13:03
53	11	Freddie	Anderson	Albyn School Ltd	MJ	13:09
54	280	Ian	Thom	Metro Aberdeen Running Club	M65	13:10
55	96	Roger	Homyer	Highland Hill Runners	M65	13:15
56	198	Morag	Thompson	Fraserburgh Running Club	F45	13:19
57	430	David	Muir	Unattached	M50	13:23
58	46	Reni	Dada	Albyn School Ltd	FJ	13:24
59	44	Greig	Cruickshank	JSK Running Club	M60	13:26

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Posn	No	Forename	Surname	Club	Cat	Time
60	250	Philip	Owens	Garioch Road Runners	M60	13:26
61	208	Ailsa	Webster	Jogscotland Westhill	F55	13:27
62	240	Archie	Louis	Albyn School Ltd	MJ	13:37
63	36	David	Coutts	Unattached	M40	13:40
64	137	Linda	McGee	Peterhead AAC	F45	13:43
65	324	Steven	Chalmers	Unattached	M55	13:46
66	220	Amelia	Bain	Albyn School Ltd	FJ	13:48
67	221	Milo	Birkenshaw	Albyn School Ltd	MJ	13:54
68	503	Emilien	Guises	Albyn School Ltd	MJ	13:56
69	14	Ethan	Baird	Albyn School Ltd	MJ	13:57
70	164	Andrew	O'Hara	Albyn School Ltd	MJ	13:59
71	309	Nicola	Ley	JSK Running Club	F40	14:10
72	168	Mark	Rennie	JSK Running Club	M50	14:21
73	203	Louis	Vallet	Albyn School Ltd	MJ	14:22
74	16	Paul	Bate	Metro Aberdeen Running Club	M50	14:25
75	59	Andrea	Drummond	JSK Running Club	F50	14:30
76	494	Fiona	Wilcox	Unattached	F	14:35
77	383	Rosemary	Leiper	Metro Aberdeen Running Club	F65	14:38
78	111	Sonya	Ledford	JSK Running Club	F45	14:45
79	99	Michael	Howden	JSK Running Club	M40	14:51
80	6	David	Abernethy	Fraserburgh Running Club	M50	14:52
81	493	Kirsty	Scott Brown	Albyn School Ltd	FJ	14:54
82	474	John	Macpherson	Metro Aberdeen Running Club	M70	14:54
83	82	Sheila	Gauld	JogScotland	F65	14:58
84	114	Bea	Louis	Albyn School Ltd	FJ	15:04
85	219	Ross	Arris	Albyn School Ltd	MJ	15:05
86	394	Romana	McGuire	AAAC	F40	15:13
87	244	Lewis	McDonald	Albyn School Ltd	MJ	15:14
88	29	Murray	Clark	Metro Aberdeen Running Club	M70	15:15
89	388	Katrina	McKay	Unattached	F45	15:21
90	455	Christina	Farquhar	Unattached	F40	15:26
91	106	Pauline	Larmour	Cosmic Hillbashers	F55	15:27
92	255	Milly	Smith	Albyn School Ltd	FJ	15:35
93	491	Ciara	Pratt	Albyn School Ltd	FJ	15:35
94	78	Cynthia	Fry	Unattached	F60	15:36
95	176	Sarah	Roberts	Albyn School Ltd	FJ	15:42
96	487	Paige	Park	Albyn School Ltd	FJ	16:29
97	450	Jasmine	Bowler	Albyn School Ltd	FJ	16:30
98	461	Olivia	Gorrie	Albyn School Ltd	FJ	16:30
99	28	Philippine	Chambault	Albyn School Ltd	FJ	16:51
100	478	Brian	Molloy	Unattached	M60	16:55
101	69	John	Elrick	JSK Running Club	M65	16:56
102	230	Charlie	Burr	Hidden Peak Running	M65	16:57
103	433	Kevin	O'Carroll	Unattached	M70	17:29
104	81	Alan	Fulton	AAAC	M70	17:41
105	262	Patricia	Wilcox	Unattached	F55	18:07
106	50	Victorie	De Braucourt	Albyn School Ltd	FJ	18:22
107	469	Madeline	Gregoire	Albyn School Ltd	FJ	18:23
108	449	Capucine	Bouvot	Albyn School Ltd	MJ	18:23