

Norman Woodcock Relay Results 2022										
Rank	Team Number	Running Club Name	Category	Leg 1		Leg 2		Leg 3		Team Total
				Runner's Name	Time	Runner's Name	Time	Runner's Name	Time	
1	86	Houghton Harriers - A	Sen	Chris Coulson	00:07:51	Eva Hardie	00:09:05	Brandon Pye	00:07:58	0:24:54
2	92	Birtley AC - A	Sen	Greg Poulton	00:08:20	Chloe Price	00:09:14	Adrian Bailes	00:07:29	0:25:03
3	17	Morpeth Harriers - A	Sen	Ryan Davies	00:08:19	Rachelle Falloon	00:09:12	Alistair Douglas	00:07:49	0:25:20
4	34	Elswick Harriers - A	Sen	Lewis Liddle	00:07:55	Amy Fuller	00:09:07	Daniel Spoor	00:08:38	0:25:40
5	55	Heaton Harriers - A	Sen	David Young	00:07:57	Jo Woodcock	00:09:46	Eddie Knight	00:08:21	0:26:04
6	37	Elswick Harriers - D	V40	Steven Horn	00:08:16	Justina Heslop	00:09:16	Andrew Ball	00:08:41	0:26:13
7	11	Gosforth Harriers - A	Sen	Reece Slater	00:07:45	Sarah Platten	00:10:30	Ethan Bond	00:08:08	0:26:23
8	46	Tyne Bridge Harriers - A	Sen	Zak Kettle	00:08:21	Kathryn Stevenson	00:09:43	Ryan Holt	00:08:29	0:26:33
9	47	Tyne Bridge Harriers - B	Sen	Connor Braithwaite	00:08:18	Nicole McIntyre	00:10:15	Paul O'Mara	00:08:53	0:27:26
10	27	North Shields Poly - E	V40	Graeme Cook	00:08:20	Becky Coleman	00:09:50	Rory McConnachy	00:09:22	0:27:32
11	56	Heaton Harriers - B	Sen	James Mckenkie	00:08:20	Laura Percy	00:10:34	Mark Hope	00:08:46	0:27:40
12	12	Gosforth Harriers - B	Sen	Silas Christie	00:07:59	Lauren Blyth	00:10:59	Kirk Hadden	00:09:03	0:28:01
13	2	Blaydon Harriers - B	Sen	Sam Hodgson	00:09:02	Emma Cartwright	00:10:14	Martin Graham	00:08:49	0:28:05
14	1	Blaydon Harriers - A	Sen	Isaac Dunn	00:09:07	Roselle Oberholzer	00:10:25	Matthew Levison	00:08:39	0:28:11
15	70	Ashington Hirst RC - A	Sen	Wayne Gair	00:08:52	Samantha Gair	00:09:39	Mark Dunwoodie	00:09:41	0:28:12
16	79	Crook & District AC - A	Sen	Alex Hird	00:08:41	Sam Dixon	00:10:39	Kieron Day	00:08:56	0:28:16
17	15	Gosforth Harriers - E	V40	Andy Bell	00:08:28	Anna Fletcher	00:10:24	Steve Boddy	00:09:42	0:28:34
18	31	North Shields Poly - I	Sen	Scott Sutherland	00:09:28	Claire Harlow	00:09:41	Jack Taylor-Burns	00:09:35	0:28:44
19	87	Houghton Harriers - B	Sen	Ciaran Lines	00:09:56	Anna Pigford	00:09:27	Jack Seeney	00:09:31	0:28:54
20	93	Blyth RC - A	Sen	Karl Bryce	00:09:20	Kimberley Bryce	00:10:48	Richard Bateson	00:08:47	0:28:55
21	83	Low Fell RC - A	Sen	Joshua Thomas	00:08:57	Clare Magrath	00:11:33	Dan Sherliker	00:08:27	0:28:57
22	13	Gosforth Harriers - C	Sen	Ben Ward	00:08:39	Kate Rickerby	00:11:13	Chris Hewitson	00:09:10	0:29:02
23	33	North Shields Poly - K	Sen	Jake Hill	00:08:27	Cheryl Hall	00:11:31	Steve Colby	00:09:12	0:29:10
24	19	Morpeth Harriers - C	V40	David Stabler	00:08:57	Kirsty Burville	00:10:26	Richard Glennie	00:09:50	0:29:13
25	18	Morpeth Harriers - B	Sen	Anthony Liddle	00:08:43	Becky Lawson	00:11:47	Mark Snowball	00:08:44	0:29:14
26	50	Claremont RR - A	Sen	Sunam Wangdi	00:09:43	Paul Robinson	00:09:37	Catherine Young	00:10:18	0:29:38
27	35	Elswick Harriers - B	Sen	Charlie Katsighiras-Welton	00:09:48	Felicity Smith	00:10:17	Richard Houghton	00:09:48	0:29:53
28	48	Tyne Bridge Harriers - C	Sen	Will Murray	00:10:06	Erin Fairlamb	00:10:20	Simon Hall	00:09:36	0:30:02
29	57	Heaton Harriers - C	Sen	John Sturman	00:09:03	Laura Jardin	00:11:31	Calum Mills	00:09:36	0:30:10
30	23	North Shields Poly - A	V50	Norman De Bruin	00:10:06	Katherine Davis	00:10:29	Vaughan Hemy	00:09:46	0:30:21
31	14	Gosforth Harriers - D	Sen	Maurice Bourke	00:09:06	Silvia Moffatt	00:11:00	Neil Ramsay	00:10:24	0:30:30
32	39	Elswick Harriers - F	V50	Mike Russell	00:09:50	Debbie Spoor	00:11:19	Mark Turnbull	00:09:21	0:30:30
33	38	Elswick Harriers - E	V40	David Jones	00:09:46	Hazel Bough	00:10:56	Chris Pearce	00:09:53	0:30:35
34	91	Tynedale Harriers - A	V40	Dom McDermott	00:09:58	Maria Armstrong	00:11:03	Pete Watson	00:09:42	0:30:43
35	42	Newcastle Frontrunners - A	Sen	Stephen Garbutt	00:09:18	Julia Whitehall	00:11:29	Garry Martin	00:10:08	0:30:55
36	94	Blyth RC - B	Sen	Joe Wren	00:08:58	Katy Donaldson	00:10:35	Andy Pattison	00:11:26	0:30:59
37	4	Blaydon Harriers - D	Sen	Oli Bailes	00:09:50	Amanda Thompson	00:11:17	Philip McGuire	00:09:53	0:31:00
38	59	Heaton Harriers - E	Sen	David Kirkbride	00:09:45	Helena Walsater	00:11:18	Benjamin Cook	00:10:00	0:31:03
39	97	Blyth RC - E	V40	Simon Clough	00:10:28	Carly Ellis	00:10:46	Robbie Barklay	00:09:51	0:31:05
40	58	Heaton Harriers - D	V40	David Slater	00:09:51	Sarah Lemon	00:11:18	Chris George	00:10:01	0:31:10
41	96	Blyth RC - D	V40	Steven Jones	00:10:08	Lucy Hickey	00:11:03	John Younger	00:10:09	0:31:20
42	51	Claremont RR - B	Sen	Laurie Johnson	00:10:15	Sarah Kerr	00:10:21	Maria Duenas	00:10:46	0:31:22
43	95	Blyth RC - C	Sen	Stephen French	00:10:24	Kandis Watson	00:10:56	Martin Fairburn	00:10:22	0:31:42
44	3	Blaydon Harriers - C	Sen	James Dias	00:09:14	Izzi Jackson	00:10:14	Helen Ballard	00:12:16	0:31:44
45	84	Low Fell RC - B	Sen	Thomas Backhouse	00:08:59	Bernadette Salmon	00:12:33	Keith Roll	00:10:13	0:31:45
46	71	Ashington Hirst RC - B	Sen	Sean Henderson	00:09:32	Laura Shaw	00:12:02	Lee Dixon	00:10:12	0:31:46
47	49	Tyne Bridge Harriers - D	Sen	Steve Kettle	00:09:55	Klara Riach	00:11:27	Laurentin Carciunas	00:10:33	0:31:55
48	101	Sunderland Strollers - A	Sen	Simon Cyhanko	00:10:38	Kayleigh Pickersgill	00:11:37	Reece Dimmock	00:09:41	0:31:56
49	106	Prudhoe Plodders - A	V40	Chris Mulligan	00:09:37	Charlotte Mountford	00:11:46	Richard Heslop	00:10:38	0:32:01
50	67	Ponteland Runners - A	V50	Fiona Nicholson	00:11:07	Michael Meaney	00:10:58	Roland Brown	00:10:08	0:32:13
51	25	North Shields Poly - C	V60	Guy Bracken	00:08:49	Patricia Milton	00:12:46	Charles Hall	00:10:53	0:32:28
52	20	Morpeth Harriers - D	V40	Dave Marshall	00:10:01	Julie Vermaas	00:10:26	Claire Calverley	00:12:03	0:32:30
53	7	Blaydon Harriers - G	Sen	Ian Brooks	00:09:55	Hannah McCrae	00:11:06	Paul Young	00:11:31	0:32:32
54	88	Saltwell Harriers - A	Sen	Steve Ayling	00:11:02	Charlie Adams	00:11:38	Paul Smith	00:09:54	0:32:34
55	22	Alnwick Harriers - A	V40	Diana Weightman	00:12:16	Lisa Baston	00:11:03	Rob Andrew	00:09:17	0:32:36
56	5	Blaydon Harriers - E	Sen	Jaycee Shotton	00:10:58	Elaine Small	00:11:08	Ian Hall	00:10:38	0:32:44
57	24	North Shields Poly - B	V50	Tommy Brannon	00:09:58	Carolle Speed	00:13:00	Neil Dick	00:09:56	0:32:54
58	30	North Shields Poly - H	Sen	Wayne Kavanagh	00:10:47	Caroline Westgarth	00:11:36	Michael Bradley	00:10:42	0:33:05
59	62	Heaton Harriers - H	Sen	Anthony Daglish	00:10:43	Nina Cameron	00:11:34	James	00:10:55	0:33:12
60	40	Elswick Harriers - G	V50	Alan Thompson	00:10:36	Joanne Webber	00:12:05	Robert Lambert	00:10:38	0:33:19
61	28	North Shields Poly - F	V40	Mark Dutton	00:11:05	Quynh Nguyen	00:11:27	Ivan Thorn	00:10:51	0:33:23
62	107	Prudhoe Plodders - B	Sen	Paul Batey	00:10:23	Amy Ritson	00:11:42	Claire McKinnon	00:11:26	0:33:31
63	26	North Shields Poly - D	V40	Ian Hearn	00:11:09	Elle Green	00:11:33	Roger Mosedale	00:10:50	0:33:32
64	16	Gosforth Harriers - F	V40	Adrian Mitchison	00:10:22	Jenny Graham	00:11:21	Kevin Thomas	00:11:52	0:33:35
65	43	Newcastle Frontrunners - B	Sen	Steven MacDonald	00:09:11	Heather Witham	00:12:17	Becky Windsor	00:12:08	0:33:36
66	72	Ashington Hirst RC - C	V50	Martyn Cottiss	00:10:33	Jane Wilkes	00:12:28	James Wilson	00:10:35	0:33:36
67	102	Sunderland Strollers - B	V50	Ritchie Gerry	00:10:24	Duncan Horn	00:10:49	Sarah Lake	00:12:32	0:33:45
68	60	Heaton Harriers - F	Sen	Peter Foreman	00:11:30	Deborah Hicks	00:12:02	Tom Nesfield	00:10:16	0:33:48
69	61	Heaton Harriers - G	Sen	Peter Robinson-Smith	00:11:08	Jennifer Hughes	00:12:11	Scott Armstrong	00:10:48	0:34:07
70	41	Elswick Harriers - H	V50	Robert Coulson	00:11:43	Andrea Banner	00:11:01	Mark McNally	00:11:32	0:34:16
71	68	Ponteland Runners - B	V40	Heidi Finlay	00:11:33	Esme Stephenson	00:11:44	Mike Waring	00:11:12	0:34:29
72	99	Blyth RC - G	V50	Tony Horsley	00:09:41	Claire Mason	00:13:14	Billy Shaw	00:11:54	0:34:49
73	65	Newburn RC - B	V40	Amy Brown	00:11:26	Ian Bell	00:12:55	Stephen Ions	00:10:47	0:35:08
74	104	Sunderland Strollers - D	Sen	Garry Scrafton	00:11:59	Chris Pickersgill	00:10:23	Fatima Horn	00:13:02	0:35:24
75	21	Morpeth Harriers - E	V60	Jim Alder	00:11:49	Pam Woodcock	00:13:45	Nell Malawant	00:09:51	0:35:25
76	44	Newcastle Frontrunners - C	V40	Will Telfer	00:11:39	Liza Crox Ford	00:13:37	Russell Dickinson-Deane	00:10:10	0:35:26
77	66	Newburn RC - C	V40	Dave Armstrong	00:10:15	Deb Mann	00:11:54	Dave Jardin	00:13:43	0:35:52
78	82	Crook & District AC - D	V50	Andy Turnell	00:12:08	Denyse Holman	00:12:39	Geoff Hewitson	00:11:16	0:36:03
79	103	Sunderland Strollers - C	V50	Jason Clement	00:11:28	Andrew Hay	00:10:50	Suzanne Davy	00:13:55	0:36:13
80	73	Ashington Hirst RC - D	V50	Scott Wilkes	00:11:16	Baljit Watson	00:13:08	Rob Anderson	00:11:55	0:36:19
81	53	Claremont RR - D	Sen	Jose Parilla	00:11:50	Lynne Cornell	00:12:20	Alex Harding	00:12:13	0:36:23
82	81	Crook & District AC - C	Sen	Lewis Moore	00:10:53	Jillian Berry	00:12:27	Phil Healey	00:13:07	0:36:27
83	36	Elswick Harriers - C	Sen	Imogen King	00:12:29	Sean Motsi	00:11:59	Jayne Askern	00:12:00	0:36:28
84	32	North Shields Poly - J	Sen	Huw Parry	00:11:07	Rebecca Tindle	00:13:36	Hannah Jenner	00:12:03	0:36:46
85	69	Ponteland Runners - C	Sen	Cheryl Gibson	00:11:36	Alison Briggs	00:12:02	Tony Vick	00:13:19	0:36:57
86	85	Low Fell RC - C	Sen	Chris Atthey	00:11:42	Wendy Lynch	00:13:40	Neil Kavanagh	00:11:47	0:37:09
87	64	Newburn RC - A	Sen	Darren Cowell	00:11:12	Louise McCarthy	00:12:36	Stevie Curry	00:13:33	0:37:21
88	80	Crook & District AC - B	Sen	Sam Etherington	00:08:48	Clare Moore	00:15:03	Danny Oakley	00:13:33	0:37:24
89	74	Ashington Hirst RC - E	Sen	Stephen Barker	00:12:23	Emma Hall	00:13:17	Stu Royall	00:11:46	0:37:26
90	54	Claremont RR - E	Sen	Chris Jones	00:11:08	Julie Cross	00:12:26	Joyce Zhao	00:13:57	0:37:31
91	75	Ashington Hirst RC - F	Sen	Wilf Hutchinson	00:12:36	Stacy Reed	00:13:22	Gordon Stobbart	00:11:58	0:37:56
92	89	Saltwell Harriers - B	V40	Nicola Whitman	00:11:54	Jaime Johnson	00:13:19	Andy Ross	00:12:51	0:38:04
93	8	Blaydon Harriers - H	V40	Aidan McDermott	00:12:21	Andrea Clarke	00:13:16	Philip Jobson	00:12:47	0:38:24
94	52	Claremont RR - C	Sen	Tom Tinsley	00:10:07	Mariana Mouzinho	00:13:09	Lena Webster-Costella	00:15:27	0:38:43
95	10	Blaydon Harriers - J	Sen	Nicola Alderson	00:13:07	Steph Ashall	00:12:51	Joanne Graham	00:12:46	0:38:44
96	9	Blaydon Harriers - I	Sen	Chris Hargreaves	00:15:30	Gillian Johnson	00:13:43	Hedley Fletcher	00:10:01	0:39:14
97	90	Saltwell Harriers - C	V40	Lou Thorpe	00:12:37	Vicky Cuthbertson	00:13:39	Tu Anh	00:13:07	0:39:23
98	29	North Shields Poly - G	V40	Linda Bulfin	00:13:24	Kelly Hannah	00:12:31	Nicola Smith	00:13:34	0:39:29
99	76	Ashington Hirst RC - G	V40	Stephen Hollywood	00:12:14	Julie Wandless	00:13:52	Laura Pitchford	00:13:55	0:40:01
100	100	Blyth RC - H	V40	Janice Stewart	00:12:37	Colin Brown	00:13:41	Anne Craddock	00:14:33	0:40:51
101	63	Heaton Harriers - I	V60	David Brignall	00:11:42	Pauline Chapman	00:13:58	Janette Kilgour	00:15:37	0:41:17
102	78	Ashington Hirst RC - I	V40	Rick Smith	00:12:33	Laura Frisby	00:14:36	Sarah Handy	00:14:19	0:41:28
103	98	Blyth RC - F	V40	David McGarry	00:14:25	Sonia Sultman	00:13:18	Ian Windsor	00:15:42	0:43:25
104	77	Ashington Hirst RC - H	V40	Dave Metcalfe	00:14:11	Rachel Metcalfe	00:14:25	Gillian Clark	00:15:04	0:43:40
105	45	Newcastle Frontrunners - D	V40	Julie Spells	00:15:49	Kate McLean	00:15:58	Fiona Hurrell	00:15:23	0:47:10
DQ	6	Blaydon Harriers - F	Sen	Chris Ashall	00:10:40	Beth Bradford	00:10:55	Tim Nichol	00:10:45	0:32:20