

RESULTS - Blast 5K @The Meadows 25/10/22

Position	By Category	By Gender	Name	Surname	Category	Club	Lap	Chip Time	PB
1	1	1	Paul	Friend	V40M	Inverclyde Athletics Club	00:08:35	00:17:14	
2	1	2	Jun	Nakamaru-Pinder	Senior Men	Fulham RC	00:08:34	00:17:33	PB
3	2	3	David	Beattie	V40M	teviotdale harriers	00:08:53	00:18:18	
4	3	4	Joe	Melton	V40M	Harmeny AC	00:09:36	00:18:44	
5	4	5	Michael	Lindsay	V40M	PH Racing Club	00:09:30	00:18:48	
6	2	6	Will	Hall	Senior Men	North Leeds Fell Runners	00:09:57	00:20:23	
7	5	7	Steven	Burchill	V40M	Club Atletismo Puerto Torrevieja	00:10:16	00:20:30	PB
8	6	8	Derek	Smith	V40M	Unaffiliated	00:10:47	00:21:30	
9	1	9	Neil	Thomas	V50M	HBT	00:10:38	00:21:38	
10	3	10	Diing	Diing	Senior Men	Unaffiliated	00:10:21	00:21:46	
11	1	1	Seona	Burnett	V50F	Harmeny AC	00:10:46	00:22:11	
12	1	11	Jake	Page	Junior male	Team East Lothian	00:11:20	00:22:54	
13	1	2	Karen	Page	V40F	Dunbar AC	00:11:20	00:22:54	
14	2	12	Jim	Boyle	V50M	Garscube	00:11:16	00:23:02	
15	2	3	Dee	Harrington	V40F	EAC	00:11:34	00:23:03	
16	1	4	Liz	Cox	Senior Women	Unaffiliated	00:11:36	00:23:31	
17	3	13	Jim	Buick	V50M	Unaffiliated	00:11:35	00:23:34	
18	2	5	Sarah	Wellcoat	Senior Women	Carnegie Harriers	00:11:32	00:23:42	
19	3	6	Kathryn	Pentland	Senior Women	Unaffiliated	00:12:31	00:25:34	
20	4	7	Julia	Haase	Senior Women	Unaffiliated	00:12:32	00:25:35	
21	1	14	George	Sherriffs	V60M	North East Marathon Club	00:12:42	00:26:34	
22	2	8	Mairi	Paterson	V50F	Unaffiliated	00:13:16	00:27:03	
23	1	15	Lochy	Bruce	under 12 boy	Unaffiliated	00:12:06	00:30:08	
24	1	9	Livia	Muir	under 12 girl	Unaffiliated	00:12:14	00:32:10	
			Emily	Govan	under 12 girl	Unaffiliated	00:12:25	1 LAP	
			Freya	Dignan	under 12 girl	Unaffiliated	00:12:26	1 LAP	