

Position	Surname	Forename	Club	Cat.	Time
1	Kinninmonth	Ben	Fife Athletic Club	MS	16.50
2	McClung	Scott	Fife Athletic Club	MS	17.21
3	Sedgwick	Kai	Dundee Road Runners	MV40	17.25
4	Gunnemann	Rolf	Kirkcaldy Wizards	MS	17.44
5	Henderson	David	Pitreavie AAC	MV40	17.50
6	Harte	Jamie	Carnegie Harriers	MS	18.36
7	Harley	Andy	Fife Athletic Club	MS	18.44
8	Jackson	Nicole	Carnegie Harriers	FS	18.52
9	Fraser	Ben	Pitreavie AAC	MS	18.55
10	Menzies	Julie	PH Racing Club	FV40	18.57
11	Coull	Gordon	PH Racing Club	MS	19.11
12	Dickson	Stephen	Fife Athletic Club	MV40	19.17
13	Freck	Sandy	Kinross Road Runners	MS	19.20
14	Krichel	Nils	Carnegie Harriers	MS	19.41
15	Western	Mark	PH Racing Club	MV50	19.43
16	Murray	Alan	Carnegie Harriers	MV40	19.46
17	Hopkin	Ben	Carnegie Harriers	MV40	19.50
18	Harkins	Paul	Fife Athletic Club	MV40	19.52
19	Spowart	Kevin	Carnegie Harriers	MV40	19.58
20	Wilson	Graeme	Carnegie Harriers	MV60	20.19
21	Livingston	Kyle		MJ	21.00
22	Lessels	Louise	PH Racing Club	FV40	21.06
23	FitzGerald	Desmond	Pitreavie AAC	MV40	21.12
24	McArthur	Ross	Falkland Trail Runners	MS	21.21
25	Burton	Charlie		MJ	21.33
26	Wallace	Gillian	PH Racing Club	FS	21.35
27	Henderson	Gordon	Carnegie Harriers	MS	21.37
28	Morgan	Kieran	Carnegie Harriers	MV60	21.43
29	Barrie	Gordon	Carnegie Harriers	MV50	22.02
30	Stewart	Karyn	Pitreavie AAC	FS	22.10
31	Brannigan	Allan	Carnegie Harriers	MV50	22.14
32	Jarrett	Andrew		MS	22.21
33	Miller	Brian	Carnegie Harriers	MV40	22.45
34	Stewart	Diane	Pitreavie AAC	FS	22.49

35	Murray	Alison	Carnegie Harriers	FV40	22.58
36	Lessels	Emma	PH Racing Club	FJ	23.04
37	Bennet	Ross	PH Racing Club	MV50	23.54
38	Murdoch	Gail	Carnegie Harriers	FV50	23.59
39	Anderson	Jane	Carnegie Harriers	FV50	24.07
40	Sutherland	Paul	Fife Athletic Club	MV70	24.10
41	Somerville	Gordon	Carnegie Harriers	MV60	24.40
42	Livingston	Nicola		FS	25.00
43	Canning	Kevin		MV40	25.01
44	Clark	Barry		MV40	25.02
45	Forsyth	Karen	Carnegie Harriers	FS	25.12
46	Syme	Christine	Pitreavie AAC	FV60	25.55
47	Robertson	Erin		FJ	25.56
48	Baker	Alistair		MV40	26.00
49	Paterson	Mairi		FV50	26.18
50	Robertson	Lindsey	Fife Athletic Club	FV40	26.42
51	MacLeod	Fiona	Pitreavie AAC	FV40	26.44
52	Smithard	Phil	Carnegie Harriers	MV70	27.18
53	Cruickshank	Angela	Pitreavie AAC	FV40	27.46
54	Chapman	Phil	Carnegie Harriers	MV50	29.35
55	Gardener	Alan	Falkland Trail Runners	MV50	29.50
56	Cable	Clive	Carnegie Harriers	MV70	29.52
57	Budd	Carol	Kirkcaldy Wizards	FS	30.33
58	Turner	Shona	Kirkcaldy wizards	FV50	30.38
59	Duncan	Zak		MJ	31.11
60	Morris	Colin		MV50	31.38
61	Jurecki	Claire	Kirkcaldy Wizards	FV40	31.49
62	Jurecki	Christine	Kirkcaldy Wizards	FV40	32.00
63	Morris	Georgie		FS	32.55
64	Grubb	Philip	Recreational Running	MS	32.58
65	Aitken	Dawn	Leven Las Vegas	FV50	33.03
66	Kelly	Nicole	Leven Las Vegas	FS	35.13
67	Livingston	Bryan		MV40	36.36
68	Livingston	Bethany		FJ	36.36
69	Grubb	Kimberley		FS	41.43

70	Aitken	Colin	Leven Las Vegas	MV50	41.44
71	Martin-Leitch	Penny		FJ	45.30
72	Leitch	Christopher		MV40	45.30