

Position	Number	Time	Name	Club	Category
1	4	32	James Wilson	Moray Road Runners	Male 18-39
2	2	32.27	Ewan Davidson	Moray Road Runners	Male 18-39
3	74	33.36	Scott Macleod	Edinburgh Athletics Club	Male 18-39
4	85	35.01	Gareth Haycroft	Garioch Roadrunners	Male 18-39
5	86	35.19	Eoin Coull	Highland Hill Runners	Male 40-49
6	8	36.56	Rory Brand	Garioch Roadrunners	Male 18-39
7	10	37.07	Ian Adamson	Garioch Roadrunners	Male 40-49
8	145	37.08	Stephen Carmichael	Moray Road Runners	Male 40-49
9	90	37.14	Willie Stewart	Moray Road Runners	Male 18-39
10	135	37.16	Kevin Ewing	Unattached	Male 40-49
11	52	37.34	Rory Scott	Fife Athletic Club	Male 18-39
12	49	37.57	David McColl	Inverness Harriers A A C	Male 40-49
13	50	38.04	Isaac Mann	Unattached	Male 18-39
14	62	38.2	Andrew Jones	Moray Road Runners	Male 18-39
15	102	38.36	Martin Robinson	Ross County AC	Male 50-59
16	106	39.08	Kevin Morice	Moray Road Runners	Male 40-49
17	151	39.12	Timothy Cooke	Inverness Harriers A A C	Male 50-59
18	119	39.22	Frankie Barton	RONHILL CAMBUSLANG	Male 60-69
19	9	39.39	Neil Murray	Garioch Roadrunners	Male 40-49
20	109	39.41	Robert Paterson	Forres Harriers	Male 40-49
21	123	39.45	Garry MacInnes	Nairn Road Runners	Male 50-59
22	142	39.46	Peter Fraser	Unattached	Male 18-39
23	149	40.07	Colin Green	Moray Road Runners	Male 50-59
24	98	40.2	George McPherson	Metro Aberdeen Running Club	Male 60-69
25	53	40.43	Calum McLean	Triathlon Inverness	Male 18-39
26	116	40.54	Keith Stewart	Moray Road Runners	Male 40-49
27	94	41.05	Gregor Thurlow-White	Unattached	Male 18-39
28	11	41.39	Chris Soper	Garioch Roadrunners	Male 18-39
29	1	41.4	Michelle Slater	Moray Road Runners	Female 40-49
30	93	42.18	Shaun Walker	Unattached	Male 18-39
31	40	42.31	Steven Burnside	Highland Hill Runners	Male 40-49
32	137	42.37	Craig Wallace	Vegan Runners	Male 18-39
33	136	42.38	Euan Cantlie	Moray Road Runners	Male 40-49
34	45	42.45	Joanna Bisset	Metro Aberdeen Running Club	Female 18-39
35	48	42.52	Scott McDonald	Garioch Roadrunners	Male 40-49
36	110	43.02	Stuart Macculloch	Unattached	Male 40-49
37	81	43.04	Thomas O Connor	Unattached	Male 18-39
38	130	43.17	Simon Dobbs	Moray Road Runners	Male 50-59
39	79	43.18	Malcolm Lang	Unattached	Male 18-39
40	55	43.23	Eric Simpson	JSK Running Club	Male 60-69
41	117	43.28	Alistair MacWilliam	Unattached	Male 18-39
42	76	44.04	Zoey Gordon	Moray Road Runners	Female 18-39
43	112	44.19	Garry Henderson	Moray Road Runners	Male 60-69
44	134	44.21	Stuart Pearce	Unattached	Male 40-49
45	56	44.37	John Devine	Moray Road Runners	Male 18-39
46	3	44.57	Sophie Christie	Metro Aberdeen Running Club	Female 18-39
47	143	45.07	Alex Sutherland	Inverness Harriers A A C	Male 70-74
48	69	45.08	Colin Anderson	Unattached	Male 40-49
49	21	45.34	Claire Smith	Metro Aberdeen Running Club	Female 50-59
50	92	45.53	Niketa Cruickshank	Moray Road Runners	Female 18-39
51	118	45.55	Fiona Cherry	Unattached	Female 18-39
52	91	46.02	Dale Stephen	Forres harriers	Male 18-39
53	14	46.17	James Bothoms	Moray Road Runners	Male 40-49
54	84	46.2	CRAIG KENNEDY	Garioch Roadrunners	Male 50-59
55	17	46.32	Steve Donaghy	Moray Road Runners	Male 50-59
56	144	46.43	Kevin MORRISON	Moray Road Runners	Male 18-39
57	60	46.49	Alastair Cunningham	Central Athletics Club	Male 50-59

58	33	46.55	Chris Miller	Unattached	Male 40-49
59	125	47.25	LOUISE LOVIE	Unattached	Female 50-59
60	18	47.32	Philip Owens	Garioch Roadrunners	Male 60-69
61	51	47.36	Mark Gravener	Newburgh Dunes RC	Male 40-49
62	54	47.42	Maureen Mackie	Nairn Road Runners	Female 50-59
63	122	47.44	Jack Low	Newburgh Dunes RC	Male 15-17
64	39	47.49	Jackie Nicol	Forres Harriers	Female 60-69
65	124	48.2	Kasia Klonowska	Forres Harriers	Female 18-39
66	127	48.5	Adam Tassell	Unattached	Male 18-39
67	147	49.51	Camilla Staunton	Unattached	Female 40-49
68	16	49.51	John Geddes	Metro Aberdeen Running Club	Male 60-69
69	140	50.28	Paul Corrigan	Unattached	Male 60-69
70	150	50.33	Lisa Smolak	Nairn Road Runners	Female 40-49
71	108	50.47	Dave Mathers	Moray Road Runners	Male 60-69
72	20	50.57	Phil Thompson	Moray Road Runners	Male 70-74
73	15	51.09	Stewart Murray	Garioch Roadrunners	Male 40-49
74	128	51.13	James Graham	Nairn Road Runners	Male 60-69
75	19	51.57	John Forrest	Deveron Harriers	Male 40-49
76	114	52.12	Carol Dean	Moray Road Runners	Female 50-59
77	5	52.13	Stephen Taylor	Unattached	Male 18-39
78	132	52.31	Ella Corrick	Unattached	Female 18-39
79	121	52.36	Colin O'Connor	Unattached	Male 50-59
80	113	52.38	Laura Cherry-Grant	Unattached	Female 18-39
81	138	52.53	Anne Hewes	Unattached	Female 50-59
82	100	53.05	Andy Kidd	Unattached	Male 50-59
83	58	53.53	Mike Whelan	Unattached	Male 60-69
84	101	54.48	Amber Kenny	Unattached	Female 18-39
85	131	54.56	Rob Mitchell	Unattached	Male 50-59
86	59	55.01	Linda Cunningham	Central Athletics Club	Female 50-59
87	115	55.05	Andrew Tassell	Unattached	Male 50-59
88	23	55.4	Murray Bryce	Cosmic Hillbashers	Male 70-74
89	120	55.48	Hormoz Moghadam	Unattached	Male 60-69
90	68	56.1	Nigel Gerrard	Unattached	Male 50-59
91	66	56.14	Amanda Strang	Moray Road Runners	Female 50-59
92	148	56.15	Bernie Stevens	Unattached	Male 50-59
93	88	56.44	Anna King	Unattached	Female 40-49
94	87	56.45	Simon King	Unattached	Male 40-49
95	41	56.48	Andy Wonnacott	Forres harriers	Male 50-59
96	146	57.04	Morven Surmon	Unattached	Female 40-49
97	13	57.12	Ian Cran	Garioch Roadrunners	Male 60-69
98	107	58.02	Margaret Jones	Inverness Jog Scotland	Female 60-69
99	44	58.42	Kevin Hawco	Unattached	Male 60-69
100	47	58.56	Malcom Christie	Elgin AAC	Male 60-69
101	46	59.17	Lynsey Milne	Nairn Road Runners	Female 40-49
102	77	59.19	Jane Oliver	Deeside Runners	Female 60-69
103	34	59.3	Cora Johnstone	Unattached	Female 50-59
104	105	59.55	Ron Wild	Keith & District AAC	Male 60-69
105	141	60.54	JUDY GILMOUR	Tain runners	Female 60-69
106	99	62.01	Sheila Wallace	Muir of Ord Jog Scotland	Female 60-69
107	70	62.28	Lisa Hepburn	Unattached	Female 40-49
108	71	62.28	Vickie Glennie	Keith Jog Scotland	Female 18-39
109	67	63.1	Nicky Gerrard	Unattached	Female 50-59
110	89	66.02	Toks Osunrinade	Moray Road Runners	Male 50-59
111	96	67.01	Ruth MacKenzie	Unattached	Female 18-39
112	139	71.09	Jim Ritchie	Jog Scotland Alness	Male 70-74
113	35	73.03	Jane MacAskill	Metro Aberdeen Running Club	Female 60-69