

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:34:03	49	Doyle	Aaron	Vale Royal AC		M
2	00:34:17	146	Smith	Beau	Lancaster & Morecambe		M
3	00:35:34	122	Parsons	James	Helm Hill R	V40	M
4	00:36:45	107	McLeod	James	Accrington RR		M
5	00:37:09	144	Smith	Rod	Kendal AAC		M
6	00:37:15	3	Barnett	Gary	Wesham R	V55	M
7	00:37:55	135	Schiller	Fabian	Lancaster & Morecambe		M
8	00:37:59	25	Chapman	John	Lancaster & Morecambe		M
9	00:38:02	188	Muller	Paul	Northern M	V60	M
10	00:38:46	170	Jones	Richard	Garstang R	V40	M
11	00:38:50	178	Akister	Jack			M
12	00:38:57	43	Davies	Edward	Ponteland	V40	M
13	00:40:30	4	Barras	David	Thornton Cleveleys RC		M
14	00:40:35	59	Georgalos	Konstantinos			M
15	00:40:52	180	Glover	Karl			M
16	00:40:59	123	Pauley	Mike	Bentham B	V60	M
17	00:41:18	172	Hinchcliffe	Mark			M
18	00:41:20	104	McEvoy	Ethan			M
19	00:41:24	51	Fargher	James			M
20	00:41:38	61	Gillon	Paul	Lancaster &	V55	M
21	00:42:08	78	Huxtable	Sophie	Lancaster & Morecambe		F
22	00:42:29	152	Tate	Neil	Lytham St As	V40	M
23	00:42:47	74	Hill	Donovan			M
24	00:42:58	88	Kouvarellis	David		V45	M
25	00:43:03	90	Lancaster	David	City of York	V60	M
26	00:43:15	111	Mewis	Ryan			M
27	00:43:21	54	Fountain	Michael		V50	M
28	00:43:32	98	Maggio-Pope	Karen	Walney Wi	V50	F
29	00:43:37	141	Sloan	Jackson	Lancaster & Morecambe		M
30	00:43:52	75	Horrocks	Philip	Walney Wi	V55	M
31	00:44:00	2	Atkinson	Gary		V45	M
32	00:44:38	73	Heyworth	Gary	Riversway	V55	M
33	00:44:46	58	Freeman	Anthony			M
34	00:44:57	169	Perry	Jayne	Garstang R	V40	F
35	00:44:59	77	Hughes	Christopher			M
36	00:45:02	95	Lloyd	Peter	Lancaster & Morecambe		M
37	00:45:21	36	Clayton	Rob	Lancaster & Morecambe		M
38	00:45:25	18	Bulman	Robert		V55	M
39	00:45:31	76	Hughes	Jonathan			M
40	00:45:33	10	Birkett	Sam			M
41	00:45:35	174	Boardman	Steve	Preston Ha	V45	M
42	00:45:44	64	Hall	Lynsey	Lancaster F	V45	F
43	00:45:48	109	Metcalfe	Lee		V50	M
44	00:45:56	156	Unsworth	Nicola	Blackpool	V50	F
45	00:46:28	102	McCarthy	Peter			M
46	00:46:50	173	Hill	Les	Dumfries R	V60	M

47	00:46:58	11 Blight	Anthony	Blackpool \ V50	M
48	00:47:04	110 Mewis	Ruth	V40	F
49	00:47:08	56 Fowler	Kenneth	Bolton Unit V65	M
50	00:47:31	159 Walters	Gail	New Forres V55	F
51	00:47:53	187 Graham	Eleanor		F
52	00:47:53	186 Graham	Sam	V45	M
53	00:48:03	177 Dean	Jessica	Southport Waterloo A	F
54	00:48:09	89 Lake	Elizabeth	Lancaster & V35	F
55	00:48:19	65 Hanley	Matt	V40	M
56	00:48:23	50 Evans	Edward	Bentham Beagles RC	M
57	00:48:25	24 Byrne	Chistie		F
58	00:48:31	22 Burrows	Austin	V40	M
59	00:48:32	20 Burkitt	Greg	V55	M
60	00:48:38	38 Cranfield	Paul	V45	M
61	00:48:53	82 Jones	Ian	Walney Wi V60	M
62	00:49:12	33 Cheal	Mark	V40	M
63	00:49:18	80 Jewitt	Tony	V50	M
64	00:49:21	53 Flory	Jessica		F
65	00:49:22	140 Simmill	Mark	Lancaster & V60	M
66	00:49:23	114 Mitchell-kn	Peter	V55	M
67	00:49:36	15 Booth	Alexander	Chapel Allerton Runne	M
68	00:49:37	39 Cronin	Brendan	Lancaster & V65	M
69	00:49:39	35 Clarkson	Dan		M
70	00:50:09	57 Freeman	Jonathan		M
71	00:50:13	67 Hardman	David	V55	M
72	00:50:17	60 Gilledale	Merlyn		F
73	00:50:41	185 Roberts	Matthew	V40	M
74	00:50:43	183 Hawkes	Andrew	Lancaster & V40	M
75	00:50:47	31 Chard	Roger	V40	M
76	00:50:50	182 Airey	Chris	Garstang RC	M
77	00:50:56	136 Seward	Kelly	Lancaster & V40	F
78	00:51:02	19 Burkitt	Michael	V55	M
79	00:51:18	121 Parsons	Nadine	Garstang R V35	F
80	00:51:23	66 Hardie	Daniel	Lancaster F V40	M
81	00:51:38	124 Pawelczak	Basia	Blackpool Wyre & Fyld	F
82	00:51:44	143 Smith	Peter		M
83	00:51:56	118 O'Beirne	Thomas		M
84	00:52:05	189 Lewis	Helena	Lancaster & V55	F
85	00:52:11	166 Woods	Kevin	Blackpool \ V60	M
86	00:52:15	96 Loughlin	Adan		M
87	00:52:21	129 Riach	John	Lancaster & V55	M
88	00:52:25	106 McGrattan	Ken	Bentham B V45	M
89	00:52:35	192 Hamilton	Mark		M
90	00:53:06	175 Gardner	Bill	Lancaster & V60	M
91	00:53:09	72 Hewitt	Mary	Garstang R V65	F
92	00:53:19	48 Douglass	Carol	Red Rose R V75	F
93	00:53:22	63 Hall	Michael	Holmfirth F V55	M

94	00:53:25	86 Kerfoot	Stephen	V40	M
95	00:53:28	130 Richardson	Carl	Lancaster F V60	M
96	00:53:35	193 Benkwitt	Casey	V35	F
97	00:53:35	112 Miller	Nicholas	V60	M
98	00:53:38	42 D'Souza	Ross	V55	M
99	00:53:53	194 House Farn	Carr	COLT	M
100	00:54:10	133 Sandford	Natalie		F
101	00:54:19	13 Booth	Stephanie		F
102	00:54:35	45 Dawson	Jonathan		M
103	00:54:44	46 Dawson	William	V65	M
104	00:54:48	100 Maher	Miriam	Lancaster & V50	F
105	00:54:49	127 Pye	Christopher	V65	M
106	00:54:54	125 Pearson	Mark	V45	M
107	00:54:55	151 Stubins	Paul	V45	M
108	00:55:12	28 Carter	James	Garstang R V50	M
109	00:55:22	176 Acland	Peter	Kendal AA V60	M
110	00:55:29	26 Carmichael	Laura		F
111	00:55:32	142 Smalley	Tom		M
112	00:55:44	68 Hargate	Jessica		F
113	00:56:01	137 Sharples	Aaron		F
114	00:56:06	108 Meechan	Jim	V55	M
115	00:56:40	134 Schiller	Kay	Lancaster & V55	M
116	00:56:49	153 Thistlethwaite	Andrew	Lancaster F V55	M
117	00:57:59	179 Somers	Anne	261 V55	F
118	00:58:17	105 McGrattan	Juliet	V45	F
119	00:58:21	158 Walsh	Steve	Lancaster & V70	M
120	00:58:32	157 Wakeman	Kerry	V35	F
121	00:58:59	44 Davies-Owen	Rachel	V35	F
122	01:00:00	155 Thorpe	Gerard	Garstang R V60	M
123	01:01:05	97 Mackenzie	Desna	V45	F
124	01:01:05	5 Bateman	Steve	V60	M
125	01:01:20	47 Dhillon	Gurbakish	Lancaster & V40	F
126	01:01:20	71 Hayden	Martina	V55	F
127	01:01:23	154 Thompson	Catherine	V40	F
128	01:01:25	7 Bechchard	Jean-Phillipe		M
129	01:02:02	70 Haworth	Madeline	Blackburn I V65	F
130	01:02:07	55 Fountain	Janette	V55	F
131	01:02:30	190 Firkins	Faith	V50	F
132	01:02:48	184 Douglas	Catherine	Lancaster & V55	F
133	01:03:53	132 Salt	Kelly	V40	F
134	01:03:53	8 Bell	Kate	Lonely Goa V35	F
135	01:03:57	113 Mitchell-Kr	Fiona	V55	F
136	01:03:58	84 Kaill	Jane	V45	F
137	01:04:41	116 Murby	David	V55	M
138	01:06:39	181 Gillie	Sheila	V65	F
139	01:07:06	41 Culleton	Fiona	V40	F
140	01:07:22	21 Burkitt	Heather	V55	F

141	01:07:29	14 Booth	Rebekah		F
142	01:07:29	94 Lindsay	Terry	V50	M
143	01:09:04	9 Berry	Norman	V70	M
144	01:09:52	191 Thorne	Philip	Wigan & Di V55	M
145	01:10:05	1 Appleby	Kathy	V55	F
146	01:10:05	83 Jumah	Mei	V40	F
147	01:10:24	148 Standen	Sophie		F
148	01:11:31	6 Bechard	Kirsten		F
149	01:13:26	69 Harwood	Anne	Blackburn IV75	F
150	01:28:36	162 Whittaker	Rosemary	V55	F