

Run 4 It Proms 3K Results

12th November 2021

Race Number 2

Posn	No	Forname	Surname	Club	Cat	Time
1	43	Myles	Edwards	Aberdeen AAC	M	08:39
2	1	Max	Abernethy	Fraserburgh Running Club	M	08:52
3	93	Martin	Mueller	Metro Aberdeen RC	M	09:36
4	136	Paul	Knight	Metro Aberdeen RC	M40	09:44
5	74	Matthew	Maciocia	Metro Aberdeen RC	M	09:56
6	12	Michael	Barker	Unattached	M45	10:02
7	151	Craig	Beattie	Victoria Park/Tower Hamlets	M	10:05
8	14	Mark	Beagrie	Peterhead AAC	M	10:08
9	77	Tom	Martin	Metro Aberdeen RC	M	10:12
10	159	Jegers	Slobodcikovs	Unattached	M	10:21
11	155	Dino	Roussias	Metro Aberdeen RC	M45	10:24
12	146	Jenny	Bannerman	Inverness Harriers A A C	F	10:26
13	145	Jamie	Ross	Deeside Runners	M45	10:27
14	126	Kenny	Wood	Unattached	M	10:43
15	113	Hannah	Taylor	Ellon Amateur Athletics Club	FJ	10:44
16	144	Mark	Young	Metro Aberdeen RC	M	10:47
17	13	Allan	Bartlet	Newburgh Dunes RC	M45	10:49
18	129	Dennis	Chalmers	TrYthan	M45	10:55
19	75	Calum	MacLeod	Unattached	M	11:07
20	135	Julie	Hoyle	JSK Running Club	F40	11:07
21	87	George	McPherson	Metro Aberdeen RC	M60	11:14
22	109	Aimee	Tawse	Aberdeen AAC	FJ	11:17
23	28	Stuart	Clark	Metro Aberdeen RC	M40	11:17
24	125	Elaine	Wilson	Unattached	F	11:27
25	95	Stuart	Murray	Unattached	M40	11:27
26	116	Matthew	Tillman	Metro Aberdeen RC	M	11:28
27	99	Martin	Shaw	Unattached	M45	11:38
28	103	Paul	Smith	Metro Aberdeen RC	M45	11:41
29	134	Rosie	Hislop	Metro Aberdeen RC	F	11:41
30	42	Keith	Dunnett	Metro Aberdeen RC	M50	11:43
31	58	Graham	Henderson	Metro Aberdeen RC	M40	11:49
32	92	Bruce	Morrison	Jog Scotland Hatton	M40	11:53
33	85	Drew	McLelland	JSK Running Club	M45	11:54
34	137	Tony	McGarva	Metro Aberdeen RC	M55	11:57
35	80	Neil	McBain	Metro Aberdeen RC	M	11:58
36	81	Graham	McDermid	Metro Aberdeen RC	M60	12:02
37	139	Laura	Sarkis	Metro Aberdeen RC	F40	12:04
38	147	Estera	Zak	Unattached	F	12:07
39	130	Stephen	Cole	Metro Aberdeen RC	M55	12:13
40	57	Kevin	Heath	Cosmic Hillbashers	M60	12:14
41	153	Claire	Macaskill	Unattached	F45	12:22
42	34	Kelly	Cruden	Peterhead AAC	F40	12:26
43	108	Paul	Sykes	Unattached	M	12:30
44	91	David	Morrison	Metro Aberdeen RC	M60	12:39
45	111	Steve	Taylor	Unattached	M40	12:42
46	9	Jonathan	Ashdown	Unattached	M55	12:49
47	71	Thomas	Litterick	Metro Aberdeen RC	M55	12:50
48	29	Graeme	Clark	Fraserburgh Running Club	M65	12:53
49	55	Mark	Hale	Metro Aberdeen RC	M40	12:57
50	102	William	Skinner	Aberdeen AAC	M60	13:01
51	65	Louise	Kelly	Stonehaven Running Club	F55	13:02
52	119	Ailsa	Webster	Jogscotland Westhill	F55	13:08
53	35	Greig	Cruickshank	JSK Running Club	M60	13:10
54	20	Greg	Bruce	Fraserburgh Running Club	M	13:12
55	115	Morag	Thompson	Fraserburgh Running Club	F45	13:22
56	31	David	Coutts	Jog Scotland Westhill	M40	13:24
57	152	Marie	Entwistle	Deeside Runners	F45	13:26
58	88	Kerryn	Meston	Metro Aberdeen RC	F	13:27
59	7	Sarah	Anderson	Unattached	F45	13:33
60	123	Andrew	Whyte	Metro Aberdeen RC	M40	13:44
61	59	Michael	Howden	Unattached	M40	13:46

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62	23	Colin	Burnett	Unattached	M60	13:57
63	62	Stephen	Jackson	Unattached	M40	13:58
64	127	Leanne	Kitchener	JSK Running Club	F	14:07
65	8	Kerry	Anderson	JSK Running Club	F45	14:29
66	101	Willie	Skene	Unattached	M60	14:31
67	15	Paul	Bate	Metro Aberdeen RC	M50	14:37
68	52	Sarah	Gibbon	Rebel PT	F	14:38
69	76	John	Macpherson	Metro Aberdeen RC	M70	14:41
70	32	Jackie	Cowe	JSK Running Club	F45	14:42
71	25	Frank	Campbell	Metro Aberdeen RC	M40	14:49
72	44	John	Elrick	JSK Running Club	M65	14:53
73	51	Sheila	Gauld	JogScotland	F65	15:02
74	21	Murray	Bryce	Cosmic Hillbashers	M70	15:11
75	46	Paul	Finch	Hazlehead JogScotland	M50	15:15
76	30	Murray	Clark	Metro Aberdeen RC	M70	15:22
77	18	Michelle	Brearley	Metro Aberdeen RC	F45	15:30
78	148	Neil	MacBean	Unattached	M50	15:34
79	47	Cynthia	Fry	Unattached	F60	15:45
80	154	Debbie	Riley	JSK Running Club	F45	16:17
81	112	Colin	Taylor	Cosmic Hillbashers	M60	16:39
82	79	Bob	Masson	Unattached	M70	16:52
83	54	Lana	Hadden	Metro Aberdeen RC	F65	16:56
84	149	Les	Nicol	Metro Aberdeen RC	M80	17:25
85	83	Alison	McGee	Peterhead AAC	F50	17:59
86	122	Lucy	Whyte	Unattached	F40	18:12
87	73	Jane	MacAskill	Metro Aberdeen RC	F65	19:11
88	24	Charlie	Burr	Unattached	M65	20:30
89	121	Tracey	Weston	Fraserburgh Running Club	F50	20:15